



HDMS School Breakfast & Lunch Menu

***Vegetarian option available daily when requested in the morning.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May	1 Bagel & Cream Cheese w/ Fruit & Milk Pasta Salad (vegetarian) w/ Fruit & Milk	2 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	3 Waffle & Pancake w/ Fruit & Milk Veggie Pizza w/ Fruit & Milk	4 Quesadilla w/ Fruit & Milk Oven Fried Chicken & Potatoes w/ Fruit & Milk (veg. option Eggplant Parmesan)	5 French Toast Casserole w/ Fruit & Milk Tuna Salad Sandwich (veg option is Cheese Sandwich) w/ Fruit & Milk
	8 Bagel & Cream Cheese w/ Fruit & Milk Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	9 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	10 Waffle & Pancake w/ Fruit & Milk Pepperoni Pizza (Veg. option is cheese) w/ Fruit & Milk	11 Quesadilla w/ Fruit & Milk Chicken Asian Salad w/ Rice Noodles (veg option no Chicken) w/ Fruit & Mild	12 French Toast Casserole w/ Fruit & Milk Beef Burger (Veg. Option is Vegan Chicken Patty) w/ Fruit & Milk
	15 Bagel & Cream Cheese w/ Fruit & Milk Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk	16 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	17 Waffle & Pancake w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	18 Quesadilla w/ Fruit & Milk BBQ Drumsticks & Veggie Rice (Veg. option Stewed Chickpeas) w/ Fruit & Milk	19 French Toast Casserole w/ Fruit & Milk Turkey Sub (veg. option Cheese Sub) w/ Fruit & Milk
	22 Bagel & Cream Cheese w/ Fruit & Milk Cheese Ravioli & Marinara Sauce w/ Fruit & Milk	23 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	24 Waffle & Pancake w/ Fruit & Milk Veggie Pizza w/ Fruit & Milk	25 Quesadilla w/ Fruit & Milk Oven Fried Chicken & Potatoes w/ Fruit & Milk (veg. option Eggplant Parmesan)	26 French Toast Casserole w/ Fruit & Milk Tuna Salad Sandwich (veg option is Cheese Sandwich) w/ Fruit & Milk
	29 Memorial Day	30 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	31 Waffle & Pancake w/ Fruit & Milk Pepperoni Pizza (Veg. option is cheese) w/ Fruit & Milk	1 Quesadilla w/ Fruit & Milk Chicken Asian Salad w/ Rice Noodles (veg option no Chicken) w/ Fruit & Mild	2 French Toast Casserole w/ Fruit & Milk Beef Burger (Veg. Option is Vegan Chicken Patty) w/ Fruit & Milk
	June	5 Bagel & Cream Cheese w/ Fruit & Milk Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk	6 English Muffin w/Cheese & Sausage (veg option w/cheese) w/ Fruit & Milk Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	7 Waffle & Pancake w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	8 Quesadilla w/ Fruit & Milk BBQ Drumsticks & Veggie Rice (Veg. option Stewed Chickpeas) w/ Fruit & Milk