



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

This last week's snow was a good reminder that our parking lots and walkways can get pretty slippery, even when we are here shoveling snow early and applying ice melt to all high-traffic surfaces. It is really important that we all be careful when walking or driving on icy surfaces to avoid any accidents. We are diligently working to keep our campus as safe as possible, but please bear with us.

We are starting to see a lot of items piling up in our lost and found. Please ask your child to check the lost and found if they are missing anything. This might include necessary cold-weather gear like hats, coats, and gloves. Weather permitting, we will begin hanging items on the fence in the parking lot, and anything not claimed by winter break will be donated.



Thank you for your help in keeping our campus safe and in supporting HDMS.

Mr. Eric
eric@hdmsreno.com

A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE



A huge shout-out to "Montessori in Motion", our HDMS "FIRST Lego League" Robotics Challenge Team! Last weekend, at the Northern Nevada Qualifier event, their team won 7th place in the robot challenge, a 2nd place award for robot design and scored well enough overall to move on to the Northern Nevada Championship Event in February!

Under the guidance of Peter and Jenni Murray, this team of 8-14 year old students meets every Thursday after school to refine their engineering and programming skills. Students work on understanding the basics of STEM (Science, Technology, Engineering, and Math) and apply skills in an exciting way while building habits of learning, confidence, and teamwork. During competitions, students utilize programming to guide their robot through mission objectives and present, in front of a panel of judges, their innovation project, and information on their robot building and programming journey.



We wish our team the best in the Northern Nevada Championship Event scheduled for February 4, 2023.

Ms. Tammie
Tammie@hdmsreno.com

UPCOMING EVENTS

- 12/15/22: 5:30 PM PTO MEETING [ZOOM LINK](#)
- 12/16/22: 4:00 HDMS ELEMENTARY CHOIR CONCERT
- 12/20/22: A CELEBRATION OF DIVERSITY (PRIMARY & ADOLESCENT)
- 12/20/22: HOLIDAY SWEATER DAY
- 12/21/22: 5:30-7:00PM A CELEBRATION OF DIVERSITY (ELEMENTARY)
- 12/21/22: 5:00 HDMS BOARD MEETING
- 12/22/22: PAJAMA DAY
- 12/23/22-1/6/23: NO SCHOOL - WINTER BREAK
- 1/9/23: PTO "FUN DRIVE" BEGINS
- 1/12/23: PARENTING IN THE DIGITAL AGE WORKSHOP
- 1/16/23: NO SCHOOL - MARTIN LUTHER KING JR. DAY
- 1/18/23: TWO HOUR EARLY RELEASE
- 1/19/23: 5:30 PTO MEETING
- 1/23/23: 3:30 GREEN TEAM MEETING
- 1/23/23: 6:00 PRIMARY NEW PARENT SEMINAR
- 1/25/23: 5:00 HDMS BOARD MEETING
- 1/26/23: 6:00 ADOLESCENT NEW PARENT SEMINAR
- 1/27/23: 9:00 SECOND CUP OF COFFEE WITH MR. ERIC
- 1/30/23: 6:00 ELEMENTARY NEW PARENT SEMINAR



DONATION WANTED



We are looking for a small bookcase for our staff lounge so that our staff members have a place to share reading materials with each other. If you have a small bookshelf that you are willing to donate, please reach out to Miss Sheila at sheila@hdmsreno.com

FREE LUNCH & BREAKFAST PROGRAM

Our full breakfast and lunch menu can always be found at www.hdmsreno.com/school-lunch-breakfast/

12 Bagel & Cream Cheese w/ Fruit & Milk	13 Waffle w/ Fruit & Milk	14 Quesadilla w/ Fruit & Milk	15 Egg, Bacon & Toast w/ Fruit & Milk	16 Yogurt w/ Blended Fruit & Granola w/ Fruit & Milk
Spaghetti w/ Meat Sauce (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Cheese Pizza (Vegetarian) w/ Fruit & Milk	BBQ Drumsticks & Potatoes (Veg. option Stewed Chickpeas) w/ Fruit & Milk	Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk
19 Bagel & Cream Cheese w/ Fruit & Milk	20 Waffle w/ Fruit & Milk	21 Quesadilla w/ Fruit & Milk	22 Egg, Bacon & Toast w/ Fruit & Milk	23
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Veggie Pizza w/ Fruit & Milk	Taco Salad & Chips w/ Fruit & Milk	Teacher Work Day

A MESSAGE FROM OUR MONTESSORI ADVISOR, MISS KALEIGH

Question of the Week: *What does "Follow the Child" mean in Montessori?*



This statement is used frequently by Montessori educators. The term does not mean that children are allowed to do whatever they want. It means that each child has their own needs and interests. Montessori teachers follow the child through observation; providing a prepared environment, having freedom within limits, and providing lessons based on their interests, needs, while incorporating academic expectations.

As a Montessori parent, you can follow your child by;

- stopping, looking and listening to your child
- pause and resist interruptions, be patient
- observe your child
- take time to look at the world from the eyes of your child

"Follow the child, but follow the child as his leader." Maria Montessori

A CELEBRATION OF DIVERSITY

PRIMARY

Tuesday, December 20th

Each primary class will have the celebration of diversity in their own classroom at the following times:

- 4:00 Pine Nut / Peavine / Snowflower
- 4:15 Tuscarora / Beowawe
- 4:30 Toquima
- 4:45 Lahontan



ELEMENTARY

Wednesday, December 21st from 5:30 - 7:00

Elementary classrooms will all be open for project viewing. Performances TBA.

ADOLESCENT

Adolescent Tuesday, December 20th from 5:30-7:00

Adolescent Celebration of Diversity Theme- Immigration. Work will be displayed in the third floor multi-purpose area, as well as in classrooms.

- ELA: Student Narratives
- Social Studies: Choose a background and discover why they immigrated to the US
- Math: Students graph and analyze when and why a group immigrated
- Science: Famous scientist who immigrated to the US

ELEMENTARY CHOIR CONCERT



The Elementary Choir Concert will be held December 16th at 4pm in the third story multi-purpose room of the Tahoe Tower.

A MESSAGE FROM OUR PTO

Our next PTO meeting is coming up today at 5:30 PM. Everyone is welcome to attend on Zoom. See agenda for what will be discussed. You're welcome to bring any and all questions for us or for the school as well! Hope to see you there. [Zoom](#).

Also keep an eye out for our upcoming events:

- We will begin collecting for the Savers Fun Drive on January 9th after Winter Break
- Parents night out Bocce night February 4th
- Brews and Bites at the Generator February 25th
- Spring Picnic May 21st

December Agenda:

- Principal/Director updates
- Fundraiser Planning Including:
 - Bocce Night (February)
 - Brews and Bites (February 25)
 - Spring Picnic (May)
- Other questions/comments

You're Invited!

- December 15th 5:30 - 6:30 PM
- Meet other parents/teachers/admin
- Bring any HDMS related questions to the meeting!
- Get involved

Zoom Link

Now that it's cold outside, don't forget to order your HDMS hoodie for your child, or yourself! Visit our [swag store](#) for sweatshirts, backpacks, water bottles, and more with the HDMS logo!

A MESSAGE FROM OUR GREEN PARENTS GROUP



The year is coming to an end, which means that a new one is just about to begin! Start out the new year by recycling your Christmas tree with KTMB, and making a resolution to help reduce food waste by trying to buy just as much as you need and by using up back-of-the-fridge items before they go bad. This will help your budget and our planet!

Giving gifts can equally impact your budget, so how about reusing those gift bags that are cluttering up your storage?

And if you feel like you all have everything you ever want and need, remember the pink elephant. Let everyone write down the one thing that they actually desire, and raffle it off.

Have a relaxing break from the greenparents@hdmsreno.com

To be linked to KTMB:

<https://www.ktmb.org/christmastreerecycling-details>

NOTES FROM THE ELEMENTARY TEAM

VIRGINIA CLASSROOM

We are so looking forward to sharing a quick song and our current work on our Africa studies at the Celebration of Diversity.

Our trip to the Peanut Cracker was a great success.

Just an FYI at 9 o'clock I often tell a short story that is connected to our studies I also give lessons in the afternoon. I usually give the stories in a 2 or 3-year rotation. In using Transparent Classroom, it is impossible for me to communicate how many lessons your child is missing. I know that appointments have to happen and children have been very sick, but, the number of make-up lessons I would have to give if I just gave the lesson again, far exceeds the hours in the day. An example of the type of lesson I give is: today we discussed the rotation and tilt of the Earth as the reason for the seasons along with the impact of day and night in different regions in connection to the solstice that is coming up..

Our next field trip is in January. We are going to the art museum. More information to come. Happy New Year!



Zoe Bray gives small group art lessons connected to nature.



Michael and Dominic get a test tube division lesson. Many parents may wonder why we teach it with material instead of just memorizing an algorithm. Understanding why the algorithm works gives a deeper understanding of mathematics! You will never miss bringing down a number if you understand that a number means something!

JUNIPER CLASSROOM

Juniper visited the Discovery museum. Thank you to the chaperones.

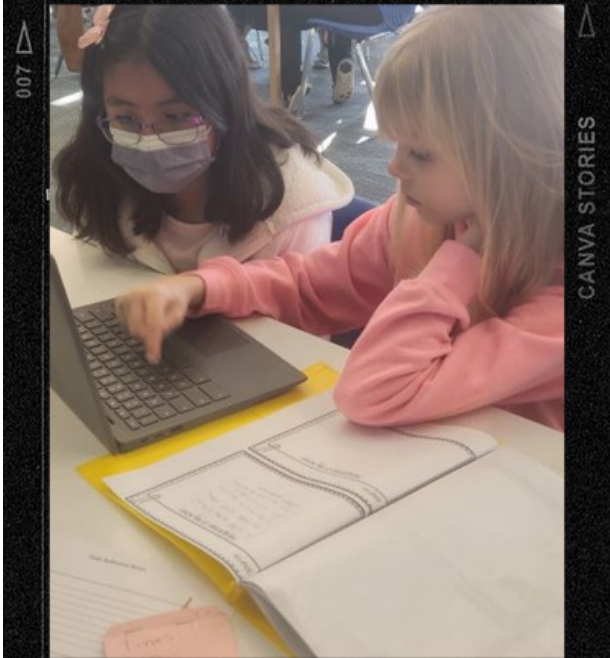
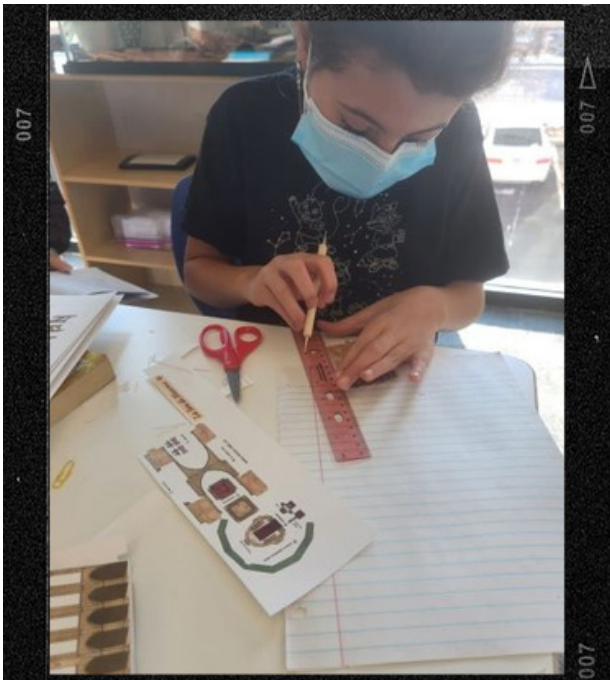
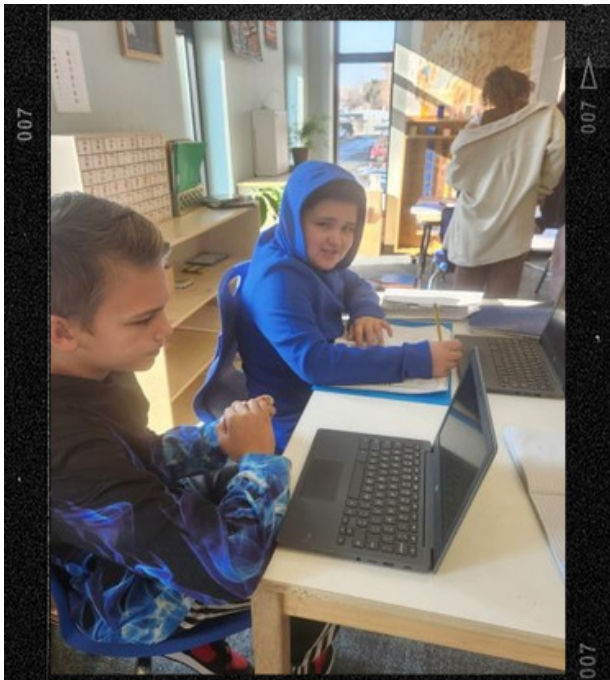


SIERRA CLASSROOM

Sierra students are working hard researching and creating works of art for display at our Celebration of Diversity! We are looking forward to seeing Sierra Class families between 5:30 and 7:00 on Wednesday, December 21st!

On Thursday, Dec. 22nd Sierra students are welcome to wear their pajamas for our Annual Pajama Day! We will spend the morning work time deep cleaning the classroom so that our class is renewed for the new year, then, will have a game day in the afternoon. If you would like to send a snack to share, that would be great too!

If we don't see you during our Celebration of Diversity, we wish you all the Warmest Holidays and a Happy New Year!



NOTES FROM THE ADOLESCENT TEAM

ARCHERY CREATIVE EXPRESSION CLASS



CULINARY CREATIVE EXPRESSION CLASS



WINTER BREAK CAMP WITH CHALLENGE ISLAND AT HDMS

www.challenge-island.com/reno-sparks-nv/program/camps/

Single Day Registration is now available!

Winter Break Camps With Challenge Island



Register Now!

Wag on over to the most PAWSOME camp in town! Your STEAM Team will open your own pet business and engineer your own pet world – from playgrounds to spas to food trucks to houses to veterinarian offices. This STEAMtastic camp is a must for every pet-loving kid!




PETS PALOOZA CAMP

WWW.CHALLENGE-ISLAND.COM

Glide on over to the coolest camp in town where you'll take a STEAMtastic journey through Challenge Island's Winter Wonderland! Your icy adventure will include designing and decking out your very own ice palace (where you and your STEAM Team can chillax) and using cool science to make frosty slime and frozen treats! This super cool camp is a not-to-be-missed adventure for every frostbitten fan!




Frostbitten CAMP

WWW.CHALLENGE-ISLAND.COM

Week 1:
December 26–30

9am–4pm

Week 2:
January 2–6

9am–4pm

**SINGLE DAY REGISTRATION
AVAILABLE FROM \$51!**

Call 775-813-2411

Email: mcargile@challenge-island.com

Website:

<https://challenge-island.com/reno-sparks-nv/program/camps/>

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YOGA

Elementary (6-12) ~ Tuesdays ~ 3:50-4:40 pm

Adult & Teen ~ Wednesdays ~ 3:50-4:50 pm

Primary (4-6) ~ Thursdays ~ 3:50-4:40 pm

\$12 per session

(please contact me if you'd like to
request financial assistance)

Yoga Mats Provided

HDMS Library



[CLICK
HERE](#)

CHILDREN'S YOGA: Children will strengthen their bodies, increase flexibility & balance, & explore themes like mindfulness & friendship through music, stories, & games learning new words in 3 languages: English, Spanish, & Sanskrit.

ADULT & TEEN YOGA: In this all-level vinyasa class, each student is encouraged to listen carefully to their body and pick the healthiest variation for themselves each day. We will build strength, increase flexibility, improve balance, & promote mindfulness, gratitude & contentment (alegría).

Classes taught by Kelly Bodtke, yoga teacher, HDMS Primary Montessori guide, & former elementary school general music teacher.

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