



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC



I would like to take a moment to recognize the awesome achievement of the HDMS Archery teams in the State of Nevada National Archery in the Schools (NASP) Tournament. Our Middle School team (6th-8th graders), took 1st place among all schools competing throughout the state. Our Elementary team (4th-5th graders) finished in 3rd place. Our entire Middle School team of 24 archers, as well as 5th grader Finnley Siri, qualified for the Western National NASP Archery Tournament in Salt Lake City at the end of April.



A big shout-out goes to our archery coaches, Miss Laurel, Coach Larry, Miss Robin, Miss Monica, Miss Jamie and Mr. Casey for all their hard work. Also, Kudos to the parents and families that have supported our students. Finally, and most importantly, congratulations to our amazing HDMS archers!

Thank you for being a part of our amazing High Desert community.

Mr. Eric
eric@hdmsreno.com

UPCOMING EVENTS

- 2/4/23: PTO PARENTS NIGHT OUT BOCCE
- 2/15/23: TWO HOUR EARLY RELEASE
- 2/16/23: 5:30 PTO MEETING
- 2/17/23: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
- 2/20/23: NO SCHOOL - PRESIDENTS DAY
- 2/21/23: 5:00 FAMILY READING NIGHT
- 2/22/23: 5:00 HDMS BOARD MEETING
- 2/25/23: 6:00 BREWS & BITES AT THE GENERATOR
- 3/1/23: TWO HOUR EARLY RELEASE
- 3/8/23: MONTESSORI THROUGH MY EYES
- 3/13/23-3/17/23: TWO HOUR EARLY RELEASE FOR SPRING CONFERENCES
- 3/15/23: 5:00 HDMS BOARD MEETING
- 3/16/23: 5:30 PTO MEETING
- 3/20/23-3/31/23: NO SCHOOL - SPRING BREAK



A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

As many of you may know, Ms. Erika Paul has been teaching private piano and guitar lessons at HDMS for several years through Pacific Mist. We are pleased to announce that she is bringing her passion and talent for Jazz music to our students. Every Monday Miss Erika uses her original music which has Montessori elementary students singing, clapping, tapping, and playing instruments to stylistic samples of 160+ years of American Jazz and learning about America's great jazz artists, music styles, social, cultural, and artistic developments and modern inventions that were taking place around the same time in America since 1850.

Ms. Erika is referred to as the "The Jazz Lady" in our region, and we are thrilled to have her at HDMS. Music Mondays interactive learning tool is available to interested students, families, and staff only through Ms. Erika and HDMS at the wholesale cost of \$7.65 per unit. If you would like to order a Jazz CD, please contact Ms. Sheila at 775-624-2800 or Sheila@hdmsreno.com.



Finally, all of our elementary students had the opportunity to attend a disability awareness assembly in January presented by Note Ables Music Therapy. It's wonderful to have such incredible community partners supporting music education with our students.

Warmly,
Ms. Tammie

NEW BELL SCHEDULE FOR THE 2023-2024 SCHOOL YEAR

ATTENTION! In an effort to allow our amazing Montessori teachers more time for planning & prep, we will be adjusting the bell schedule for next school year. Lower & Upper EI will be shortened by 30 minutes. Primary will be shortened by 20 minutes. Dismissal will take place with the sibling who has the latest dismissal time. See below for details (changes in red):

CURRENT 2022-2023 Schedule

Primary Program:

School Day Preschool and Kindergarten: 8:55 am to 3:30 pm

Arrival Window (Primary + 1st-8th sibling): 8:35-8:40

Arrival Window (Primary Only): 8:40-8:55

Pick Up Window: 3:30-3:40

Extended Day Preschool and Kindergarten: 7:30 am to 5:30 pm

Arrival Window: 7:30-8:40

Pick Up Window: 3:30-5:30

Lower Elementary Program:

1st Grade thru 3rd Grade: 8:40 am to 3:10 pm

Arrival Window: 8:20-8:40

Pick Up Window: 3:10-3:20

Upper Elementary Program:

4th Grade thru 6th Grade: 8:40 am to 3:20 pm

Arrival Window: 8:20-8:40

Pick Up Window: 3:20-3:30

Adolescent Program:

7th Grade and 8th Grade: 8:40 am to 3:00 pm

Arrival Window: 8:20-8:40

Pick Up Window: 3:00-3:10

1st-8th Grade Before & Aftercare Program:

Morning Care Window: 7:30 am to 8:20 pm

Aftercare Window: 3:00 pm to 5:30 pm

NEW 2023-2024 Schedule

Primary Program:

School Day Preschool and Kindergarten: **8:55 am to 3:10 pm**

Arrival Window (Primary + 1st-8th sibling): 8:35-8:40

Arrival Window (Primary Only): 8:40-8:55

Pick Up Window: **3:10-3:20**

Extended Day Preschool and Kindergarten: **7:30 am to 5:30 pm**

Arrival Window: 7:30-8:40

Pick Up Window: 3:10-5:30

Lower Elementary Program:

1st Grade thru 3rd Grade: **8:40 am to 2:40 pm**

Arrival Window: 8:20-8:40

Pick Up Window: **2:40-2:50**

Upper Elementary Program:

4th Grade thru 6th Grade: **8:40 am to 2:50 pm**

Arrival Window: 8:20-8:40

Pick Up Window: **2:50-3:00**

Adolescent Program:

7th Grade and 8th Grade: **8:40 am to 3:00 pm**

Arrival Window: 8:20-8:40

Pick Up Window: 3:00-3:10

1st-8th Grade Before & Aftercare Program:

Morning Care Window: **7:30 am to 8:20 pm**

Aftercare Window: **2:40 pm to 5:30 pm**

INTENT TO RETURN & SIBLING ENROLLMENT FOR 2023-2024

Did you know there are almost 500 students on the HDMS waiting list? It's vital for our office to know how many students are returning next school year, so that we know how many spots we have for new students. PLEASE fill out an Intent to Return for each of your children as soon as possible. This step does not take the place of registration in the spring, it simply holds a spot on the roster for your child to return next school year.

Use link for the program your child CURRENTLY attends. One form per child.

Primary: <https://forms.gle/DSJrYgQQ6hotv3ER6>

Elementary: <https://forms.gle/T25FwRTZgPddtVmT6>

Adolescent: <https://forms.gle/feyKZPHmPfZDz9HY7>



If you have a student currently enrolled at HDMS and you are hoping to enroll a sibling next school year, please reach out to Miss Stacey ASAP! stacey@hdmsreno.com

A MESSAGE FROM OUR MONTESSORI ADVISOR, MISS KALEIGH

Question of the Week: "What is the Montessori Geometric Cabinet"



The Montessori Geometric cabinet is a cabinet filled with 2 dimensional shapes. The Geometric cabinet helps to develop the child's visual and tactile sense by discriminating between shape and form.

The Montessori Geometric Cabinet is found in both Primary and Elementary classrooms.

"The control of error over the geometry cabinet is absolute. A particular figure cannot be put anywhere except within its own corresponding recessed plaque. A child therefore can carry the exercise out by himself and perfect his perception of various shapes."
-Maria Montessori



FREE LUNCH & BREAKFAST PROGRAM

Our full breakfast and lunch menu can always be found at www.hdmsreno.com/school-lunch-breakfast/

30 Bagel & Cream Cheese w/ Fruit & Milk	31 Waffle w/ Fruit & Milk	1 Quesadilla w/ Fruit & Milk	2 Scrambled eggs w/ Cheese, Toast, Fruit & Milk	3 French Toast Casserole w/ Fruit & Milk
Alfredo Pasta w/ Roasted Veggies w/ Fruit & Milk	Chicken Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	Pepperoni Pizza (Veg. option is cheese) w/ Fruit & Milk	Tomato Soup & Grilled Cheese w/ Fruit & Milk	Beef Burger (Veg. Option is Vegan Chicken Patty) w/ Fruit & Milk
6 Bagel & Cream Cheese w/ Fruit & Milk	7 Waffle w/ Fruit & Milk	8 Quesadilla w/ Fruit & Milk	9 Scrambled eggs w/ Cheese, Toast, Fruit & Milk	10 French Toast Casserole w/ Fruit & Milk
Spaghetti w/ Meat Sauce (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Cheese Pizza (Vegetarian) w/ Fruit & Milk	BBQ Drumsticks & Potatoes (Veg. option Stewed Chickpeas) w/ Fruit & Milk	Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk

A MESSAGE FROM OUR PTO

Bocce Ball, friends, no kids, fun! Come join our parent night out Bocce ball event this Saturday February 4th @ 6 PM! We'll have the lanes you bring the fun! Childcare is available at HDMS during the event. Eden Richards, HDMS Alumni, daughter of Ms. Kaleigh, and one of her very experienced friends, will be providing childcare at HDMS from 5:30 pm-8:30 pm on February 4th. The cost will be \$15 per child, or \$25 for families with 2 children and money will be taken in the form of cash or check. Pizza and drinks will be provided. In preparation for that, we would like to get an idea of the approximate number of children attending to ensure we are adequately prepared and have the right amount of supervision. If you are interested, please

Email floridafallon@gmail.com and include the number and ages of the children. We are requiring that your child be potty trained. Thank you so much. If you have any further questions, please don't hesitate to email and ask!

it's
PARTY
★
TIME
♪

PTO ANNUAL BOCCE BALL BASH

FEB 4
6PM

BUNDOX BOCCE
1 S LAKE ST.

ENTER ON LAKE
FREE PARKING (FEE FOR OVERNIGHT ONLY)

CHILD CARE AVAILABLE AT HDMS

Get your tickets for Brews and Bites before they sell out! Brews and Bites is an annual fundraiser with music, local art (from burning man), food, drinks, raffle prizes, and more! It's another adult only event with childcare provided at HDMS. Click [here](#) for more information and to purchase tickets!

WANTED: OLD CLOTHES!



WHO? Your friendly PTO

WHAT? Full 33-gallon bags of...
Clothing
Shoes & boots
Bedding/linens
Towels
Hats,purses, bags & backpacks
Jackets
Belts, jewelry
(Note: Please no items other than these)

Where?
Donations may be dropped off in the linger longer lane at drop off.

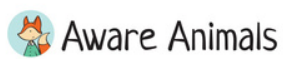
When?
January 9th - February 10th

Why?
We'll earn 20 cents/pound... all proceeds will be used to support community, education, and growth at HDMS for students, teachers, and parents/guardians.



- Parents night out Bocce night February 4th
- PTO meeting Thursday February 16th @ 5:30 PM on Zoom
- Brews and Bites at the Generator February 25th
- Spring Picnic May 21st

A MESSAGE FROM OUR GREEN PARENTS GOUP



6 Ideas for Sustainable HOME Habits

-  refuse paper bills
-  change with LED light bulbs
-  recycle all packaging
-  unplug unused devices
-  unsubscribe from unwanted e-mails
-  turn off tap water when not in use

© aware animals

Happy Groundhog Day!

With all this extreme weather happening across the globe, including flooding, intense heat, and violent wind, parents and children increasingly ask the groundhog what is going on. Over the years this extreme weather grows in size and frequency, and we are wondering what we as individuals can do to understand, acknowledge, lower the impact, and ultimately prevent that. Check out "[A kid's guide to climate change](#)" made with children for everyone. It will reassure you that whatever you are doing to lessen negative human impact, even if it feels like you are working against windmills, is helpful in the grand scheme of things.

Support your children in their endeavours they take to protect their future. If we all chip in, we can do it together!

Connect with us at greenparents@hdmsreno.com

NOTES FROM THE PRIMARY TEAM

PINE NUT CLASSROOM

The Pine Nut children love to help each other learn and they take pride in sharing lessons they have mastered. This allows them to express confidence, develop self-esteem and self-sufficiency, and show responsibility. Here a group is playing "bring me" to practice letter sounds and Oskia is helping Sienna with hole punching.



RUBY CLASSROOM

Gratitude

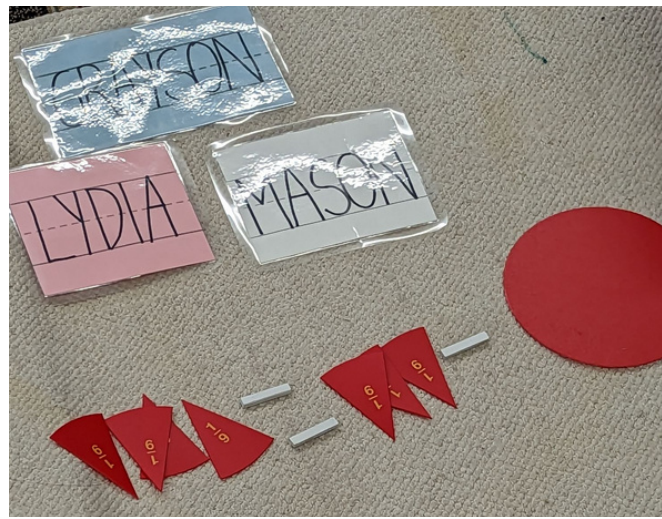
- Thank you to Miss Laurel, Mr. Larry, Mr. Casey Miss Monica and Miss Robin for leading the archery club through the 2023 tournament. Our elementary team is third in the state. CONGRATS!
- Thank you to Miss Stacey for helping us with getting buses for all our field trips.
- Thank you to Mimi for volunteering on Tuesday.

Volunteers

- If you would like to help with our Pi celebration, please let us know.
- In Mid-February, we will start a study of Asia, if you are able to help us learn about the history, culture or region. Please reach out to me.

Lydia, Mason, Grayson work on subtraction of fractions with different denominators

Mathea and Eloise read "Dogman".



DONATIONS WANTED!

Adolescent students Paolo and Elias are collecting donations for the Eddy House- a local teen homeless shelter.

- Deodorant, shampoo, and toothpaste, and/or any other travel sized toiletries will be greatly appreciated!
- NEW socks or underwear
- Canned soups and other canned goods are needed.

Next time you're shopping please consider buying extra socks, underwear, or canned goods. THANK YOU!

A donation box will be at Miss Martha's desk. Questions- please contact Paolo or Elias - d.reich@hdmsreno.com



WHEELER PEAK'S NEW PET & DONATION REQUEST!

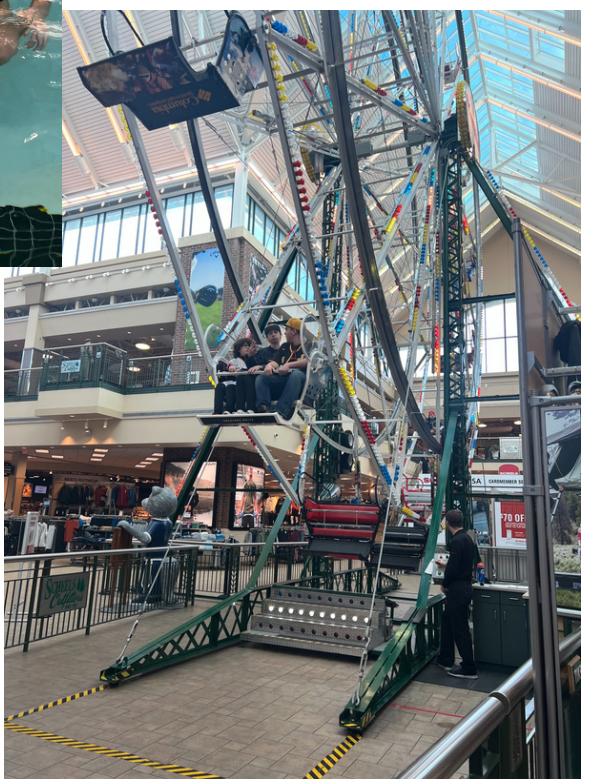
Wheeler Peak would like to introduce our new class pet, Smokey the bearded dragon! Wheeler Peak would like to give a huge THANK YOU to the Toquima primary classroom for letting us adopt Smokey and all the materials donated for her current enclosure and care. The middle school learners are really enjoying having her a part of our level. Currently, our class is working on a plan to build a large enclosure for our new friend.

If you would like to donate reptile terrarium pieces, large pieces of wood or glass, volunteer your time to come in and help the class build it, to donate funds to build her new home, or help in any other way, please email me, Miss Jessica at jessica@hdmsreno.com. Look out for future newsletters updates to share the class's progress!



EXPLORING WASHOE COUNTY CREATIVE EXPRESSION CLASS

Exploring Washoe County students visit Sheels and the pool!



SCHOOL COMMUNITY PROJECTS

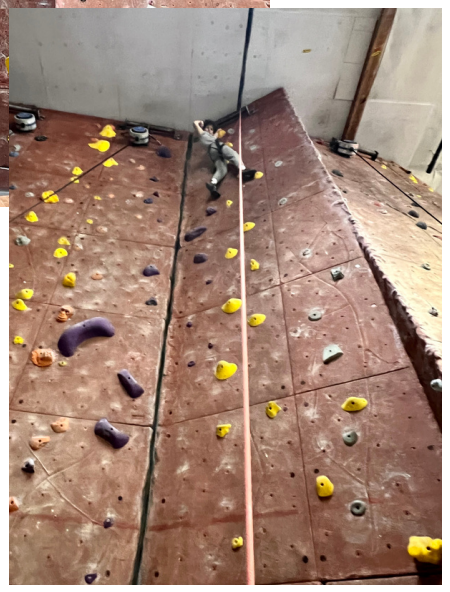
School Community projects working on some art pieces to sell conference week. All proceeds go to our van.



WOODWORKING AT THE GENERATOR CREATIVE EXPRESSION CLASS



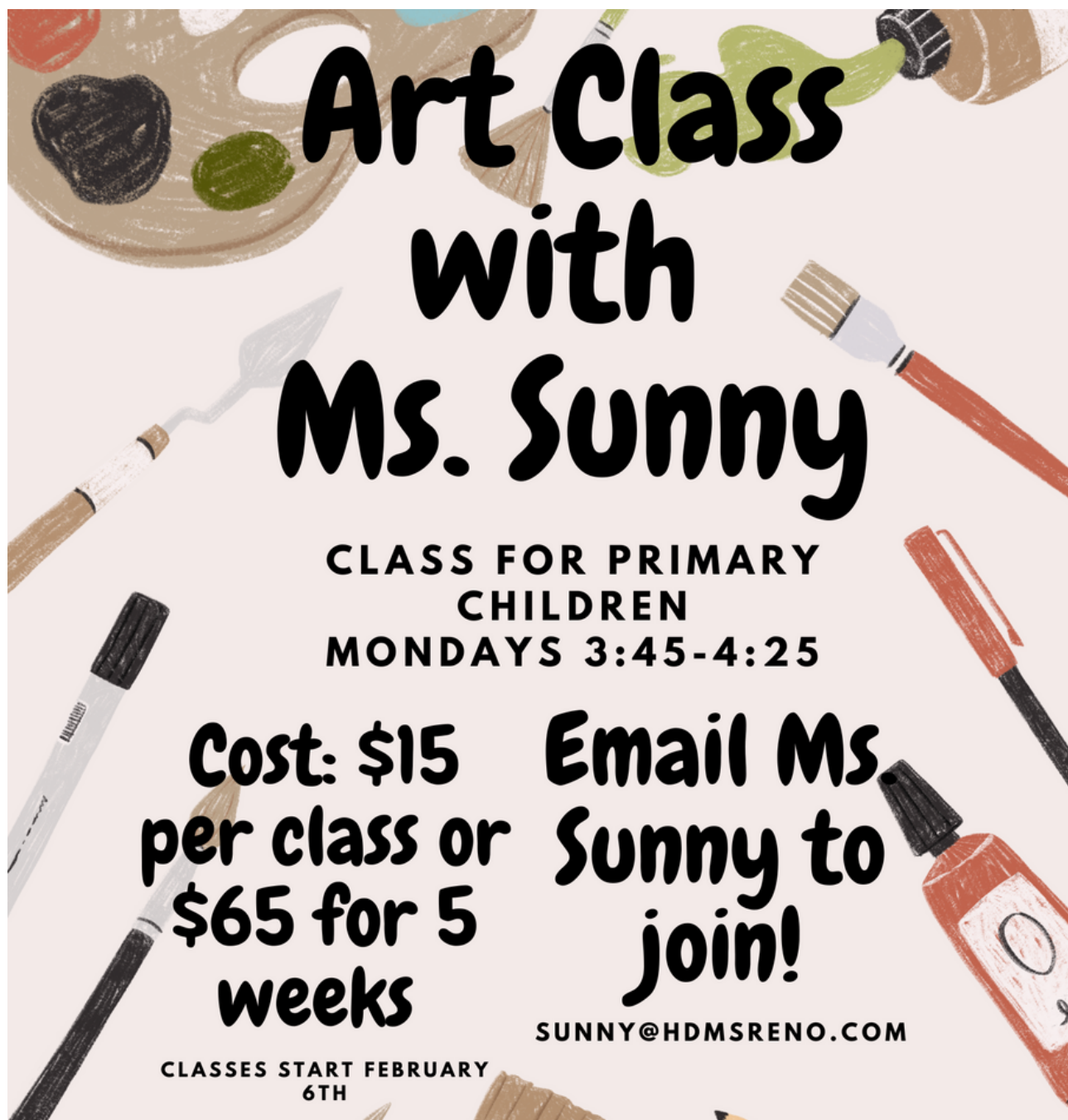
ADOLESCENT ROCK CLIMBING CREATIVE EXPRESSION CLASS



ADOLESCENT SCIENCE & ENGINEERING

Egg Drop Lander Project - The goal was to build a device that can protect an egg when dropped from a high location. This engineering project had a new twist on the classic project, motivated by real-world advances in space exploration. THE CHALLENGE: Can students build a reusable egg-drop lander that can survive repeated falls from the same height? (from the top of our school)





Art Class with Ms. Sunny

**CLASS FOR PRIMARY
CHILDREN
MONDAYS 3:45-4:25**

Cost: \$15 per class or \$65 for 5 weeks

Email Ms Sunny to join!

SUNNY@HDMSRENO.COM

CLASSES START FEBRUARY 6TH



YOGA

Tuesdays (6-10*) or Thursdays (4-6*)
3:50-4:40 pm ~ HDMS Library
*recommended ages

Yoga Mats Provided ~ "Trilingual" Classes

Alegria.A.Day@gmail.com
775.312.3645

SPRING BREAK CAMP WITH CHALLENGE ISLAND

Visit www.challenge-island.com/reno-sparks-nv for more info!



SPRING BREAK
March 20-24 @ High Desert



SPRING BREAK
March 27-31 @ High Desert



June 20-23 @ High Desert
*No camp 6/19 - Juneteenth



June 26-30 @ High Desert



July 3-7 @ High Desert
*No camp 7/4 - Fourth of July



July 10-14 @ High Desert



July 17-21 @ High Desert



July 24-28 @ High Desert



July 31-Aug 4 @ High Desert



Scan / Sign Up Here: www.challenge-island.com/reno-sparks-nv

**Challenge Island Reno-Sparks
Camps 2023**

9am-4pm (Before/After care available)
\$255/week
Ages 5-12 (must be entering Kinder)

Call: 775-813-2411
Email: mcargile@challenge-island.com

AFTER SCHOOL BRIDGE CLASSES FOR AGES 9+

Learn to Play Bridge 1, 2, & 3 Three Bridge Classes

Instructor: Jill Wallace,
alwaysup4bridge@gmail.com

Cost:
\$80 for Bridge 1 or Bridge 2
\$60 for Bridge 3



Bridge 1: Bridge Basic

Feb. 1 - Mar. 22, Wedn

Bridge 1: Bridge Basic

Feb. 2 - Mar. 23, Thurs
(8-week series for begin-
bridge players)

Bridge 2: Bidding & Play

Feb. 6 - Mar. 27, Mond
week series via Zoom for
experienced players)

Bridge 3: Declarer Play Contracts

Feb. 6 - Mar. 13, Mond
week series via Zoom for
experienced players)

Each course includes
session on Saturdays,
Mathewson Bridge Ce
Plumb)

Register for Bridge 1,
[https://bit.ly/Bridge-
Registration](https://bit.ly/Bridge-Registration)