

# **HDMS WEEKLY NEWSLETTER**

# A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

What an amazing couple of weeks for High Desert Montessori. Last week, our wonderful Lego Robotics team participated in the First Lego League - Northern State Championships and took 3rd place among all schools competing in the challenge. Special thanks to our Coaches Jenni and Peter Murray for their hard work and dedication, and to our future engineers who competed in the competition, YOU GUYS ROCK!!

Thank you for your continued support of high Desert Montessori



# **UPCOMING EVENTS**

2/15/23: Two Hour Early Release

2/16/23: 5:30 PTO MEETING

2/17/23: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS

2/20/23: No School - PRESIDENTS DAY 2/21/23: 5:00 FAMILY READING NIGHT

2/22/23: 5:00 HDMS BOARD MEETING

2/25/23: 6:00 Brews & Bites at the Generator

3/1/23: Two Hour Early Release

3/8/23: Montessori Through My Eyes

3/13/23-3/17/23: Two Hour Early Release for Spring Conferences

3/15/23: 5:00 HMDS BOARD MEETING

3/16/23: 5:30 PTO MEETING

3/20/23-3/31/23: No School - Spring Break

4/12/23: Two Hour Early Release

4/20/23: 5:30 PTO MEETING

4/26/23: Two Hour Early Release 4/26/23: 5:00PM HDMS BOARD MEETING



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

High Desert Montessori School approved in November to participate in the Nevada Ready Grant, sponsored by the United Way. This grant allows for qualifying 4 year olds to attend our primary program's school day program at no cost. This school year, we were fortunate enough to qualify 8 children for this grant. Our hope is to qualify 15 4 year old children for the 23-24 school year. The eligibility requirements of the grant are that children enrolled in the program must be 4 years old by the cutoff date and families determined to be income eligible below 200% of poverty level. More information can be found HERE.



For the 2022-2023 school year, children must be 4 years of age on or before the cut-off date **and** meet the income qualifications outlined in the charts below.

Household/Family Size (How many	The Equivalent of 200% of the Annual						
people live with you?)	2022 Federal Poverty Guidelines						
1	\$27,180						
2	\$36,620						
3	\$46,060						
4	\$55,500						
5	\$64,490						
6	\$74,380						
7	\$83,820						
8	\$93,260						
9	\$102,700						
10	\$112.140						

Please reach out to our enrollment coordinator Stacey Hart at Stacey@hdmsreno.com if you have any questions or think your child may qualify for the grant next school year.

Miss Tammie tammie@hdmsreno.com

#### A MESSAGE FROM OUR MONTESSORI ADVISOR. MISS KALEIGH

# Concerns about Social Media



Milk

Did you know that children as young as 8 years old are getting onto social media? (NY TImes).

At HDMS, we know that there are students using a variety of social media, at a variety of ages- and unfortunately it is impacting the school. Many schools have dealt with issues such as children following dangerous TikTok challenges to damage the school, and/or potentially hurt themselves; as well as trying to get onto social media at school during school hours. Our school is no stranger to social media situations such as these.

As a school, we encourage you to talk to your child about social media and its risks.

# FREE LUNCH & BREAKFAST PROGRAM

Our full breakfast and lunch menu can always be found at <a href="https://www.hdmsreno.com/school-lunch-breakfast/">www.hdmsreno.com/school-lunch-breakfast/</a>

6 Bagel & Cream Cheese w/ Fruit & Milk	7 Waffle w/ Fruit & Milk	8 Quesadilla w/ Fruit & Milk	9 Scrambled eggs w/ Cheese, Toast, Fruit & Milk	10 French Toast Casserole w/ Fruit & Milk  Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk		
Spaghetti w/ Meat Sauce (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Cheese Pizza (Vegetarian) w/ Fruit & Milk	BBQ Drumsticks & Potatoes (Veg. option Stewed Chickpeas) w/ Fruit & Milk			
13 Bagel & Cream Cheese w/ Fruit & Milk	14 Waffle w/ Fruit & Milk	15 Quesadilla w/ Fruit & Milk	16 Scrambled eggs w/ Cheese, Toast, Fruit & Milkk	17		
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Veggie Pizza w/ Fruit & Milk	Taco Salad & Chips w/ Fruit & Milk	Teacher Work Day		

# **APPROVED SCHOOL CALENDAR FOR THE 2023-2024 SCHOOL YEAR**

ATTENTION! Our 2023-2024 School Calendar has been approved and it's live on our website <u>HERE</u>.

# HIGH DESERT MONTESSORI SCHOOL 2023-2024 SCHOOL YEAR

	_	Jul	y 20	23				_		lanu	ary:	2024	1		
S	М	Т	W	T	F	S	No School on Shaded Days	S	М	Т	W	Т	F	S	No School on Shaded Days
						1	# of School Day = o		1	2	3	4	5	6	# of School Days= 17
2	3	4	5	6	7	8		7	8	9	10	11	12	13	Dec 22 - Jan 5: Winter Break
9	10	11	12	13	14	15		14	15	16	17	18	19	20	Jan 8: Back from Winter Brea
16	17	18	19	20	21	22	Yellow: Two Hour Early Release	21	22	23	24	25	26	27	Jan 15: MLK Jr Day
23	24	25	26	27	28	29	Blue: No School Teacher Work Day	28	29	30	31	Ť		Ė	Jan 24: Two Hour Early Releas
30	31	_	П	Ť		Ť	-		ŕ	1			П		
	_	Aug	ust:	202					F	ebn	Jary	202	4		
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		1	2	3	4	5	# of School Days = 14		-			1	2	3	# of School Days = 20
6	7	8	9	10	11	12	Aug 14: First Day Pre-K & 1st-8th	4	5	6	7	8	9	10	Feb 16: Teacher Work Day
13	14	15	16	17	18	19	Aug 14-18: Kinder assessments	11	12	13	14	15	16	17	Feb 19: President's Day
20	21	22	23	24	25	_	Aug 21: First Day for Kindergarten	18	19	20		22	23	$\overline{}$	Feb 28: Two Hour Early Relea
27	28	29	30	31	~	-	,	25	_	27		29	~		, , , , , , , , , , , , , , , , , , , ,
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	-	_	-		1	2	# of School Days= 20						1	2	# of School Days = 16
3	4	5	6	7	8	9	Sept 1: Teacher Work Day	3	4	5	4	7	8	9	Mar 15: End of Grading Perio
10	11	12	13	14	15	16	Sept 4: Labor Day	10	11	12	13	14	15	-	Mar 18-22: Spring Conference
17	18	19	20	21	22	23	Sept 20: Two Hour Early Release	17	18	19	20	21	22	23	Two Hour Early Release
24	25	26	27	28	_	30	Sept 20. TWO Flour Early Release	24	25	26	27	28	29	30	Mar 25-April 5: Spring Breal
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1	2	3	4	5	-	7	Oct 2-6: Fall Break	_	1	2	3	4	5	-	Mar 25-April 5: Spring Break
8	9	10	11	12	13	14	Oct 13: End of Grading Period	7	8	9	10	18	12	13	Apr 17: Two Hour Early Relea
15	16	17	18	19	20	21	Oct 16 - 20: Fall Conf, Early Release	14	15	16	17	_	19	20	Apr 17: Two Hour Early Releas
22	23	24	25	26	27	28		21	22	23	24	25	26	27	
29	30	31	Ļ	_	_		Oct 27: Nevada Day	28	29	30		_	_		
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5	6	7	8	9	10	11	Nov 1: Two Hour Early Release	5	6	7	8	9	10	11	May 10: Teacher Work Day
12	13	14	15	16	17	18	Nov 10: Veteran's Day	12	13	14	15	16	17	18	May 22: Two Hour Early Relea
19	20	21	22	23	24	25	Nov 20 : Teacher Work Day	19	20	21	22	23	24	25	May 27: Memorial Day
26	27	28	29	30			Nov 21-24: Thanksgiving Break	26	27	28	_	30	31		
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S	М	Т	W	Т	F	S	No School on Shaded Days	S	М	Т	W	Т	F	S	No School on Shaded Days
				_	1	2	# of School Days = 16			_				1	# of School Days = 5
3	4	5	6	7	8	9	Dec 6 : Two Hour Early Release	2	3	4	5	6	7	8	June 7: Last day of school
10	11	12	13	14	15	16	Dec 22: End of Grading Period	9	10	11	12	13	14	15	June 7: End of Grading Perio
17	18	19	20	21	22	23	Dec 22: Teacher Work Day	16	17	18	19	20	21	22	June 7: Early Release
24	25	26	27	28	29	30	Dec 25 - Jan 5: Winter Break	23	24	25	26	27	28	29	June 10-12: Contingency Day
31								30							

## **NEW BELL SCHEDULE FOR THE 2023-2024 SCHOOL YEAR**

In an effort to allow our amazing Montessori teachers more time for planning & prep, we will be adjusting the bell schedule for next school year. Lower & Upper El will be shortened by 30 minutes. Primary will be shortened by 20 minutes. Dismissal will take place with the sibling who has the latest dismissal time. See below for details (changes in red):

#### CURRENT 2022-2023 Schedule

#### **Primary Program:**

School Day Preschool and Kindergarten: 8:55 am to 3:30 pm

Arrival Window (Primary + 1st-8th sibling): 8:35-8:40

Arrival Window (Primary Only): 8:40-8:55

Pick Up Window: 3:30-3:40

Extended Day Preschool and Kindergarten: 7:30 am to 5:30 pm

Arrival Window: 7:30-8:40 Pick Up Window: 3:30-5:30

#### **Lower Elementary Program:**

1st Grade thru 3rd Grade: 8:40 am to 3:10 pm

Arrival Window: 8:20-8:40 Pick Up Window: 3:10-3:20

#### **Upper Elementary Program:**

4th Grade thru 6th Grade: 8:40 am to 3:20 pm

Arrival Window: 8:20-8:40 Pick Up Window: 3:20-3:30

#### **Adolescent Program:**

7th Grade and 8th Grade: 8:40 am to 3:00 pm

Arrival Window: 8:20-8:40 Pick Up Window: 3:00-3:10

#### 1st-8th Grade Before & Aftercare Program:

Morning Care Window: 7:30 am to 8:20 pm Aftercare Window: 3:00 pm to 5:30 pm

#### NEW 2023-2024 Schedule

#### **Primary Program:**

School Day Preschool and Kindergarten: 8:55 am to 3:10 pm

Arrival Window (Primary + 1st-8th sibling): 8:35-8:40

Arrival Window (Primary Only): 8:40-8:55

Pick Up Window: 3:10-3:20

Extended Day Preschool and Kindergarten: 7:30 am to 5:30 pm

Arrival Window: 7:30-8:40 Pick Up Window: 3:10-5:30

#### Lower Elementary Program:

1st Grade thru 3rd Grade: 8:40 am to 2:40 pm

Arrival Window: 8:20-8:40
Pick Up Window: 2:40-2:50

#### **Upper Elementary Program:**

4th Grade thru 6th Grade: 8:40 am to 2:50 pm

Arrival Window: 8:20-8:40 Pick Up Window: 2:50-3:00

#### <u>Adolescent Program:</u>

7th Grade and 8th Grade: 8:40 am to 3:00 pm

Arrival Window: 8:20-8:40 Pick Up Window: 3:00-3:10

#### 1st-8th Grade Before & Aftercare Program:

Morning Care Window: 7:30 am to 8:20 pm
Aftercare Window: 2:40 pm to 5:30 pm

#### **INTENT TO RETURN FOR 2023-2024**

Did you know there are almost 500 students on the HDMS waiting list? It's vital for our office to know how many students are returning next school year, so that we know how many spots we have for new students. PLEASE fill out an Intent to Return for each of your children as soon as possible. This step does not take the place of registration in the spring, it simply holds a spot on the roster for your child to return next school year.

Use link for the program your child CURRENTLY attends. One form per child.

Primary: <a href="https://forms.gle/DSJrYqQQ6hotv3ER6">https://forms.gle/DSJrYqQQ6hotv3ER6</a>

Elementary: <a href="https://forms.gle/T25FwRTZgPddtVmT6">https://forms.gle/T25FwRTZgPddtVmT6</a>

Adolescent: <a href="https://forms.gle/feyKZPHmPfZDz9HY7">https://forms.gle/feyKZPHmPfZDz9HY7</a>



#### **SIBLING ENROLLMENT FOR 2023-2024**



If you have a student currently enrolled at HDMS and you are hoping to enroll a sibling next school year, please reach out to Miss Stacey ASAP! <a href="mailto:stacey@hdmsreno.com">stacey@hdmsreno.com</a> While we can never guarantee a spot will be available, siblings do have priority enrollment per our enrollment procedures found <a href="mailto:HERE">HERE</a>.

# ATTENTION PRIMARY PARENTS/GUARDIANS

HDMS has recently been auditing student files in preparation for an external audit. We have contacted many parents regarding missing documents. If you have been contacted by admin, or have received a voicemail regarding your primary student's paperwork, please turn in the documents by Friday, 2/10/23. Any child who is still missing documents will not be permitted to attend school Monday, 2/13/23 nor will they be able to return until the required documents have been received.



If you are awaiting an appointment for your child's well care check, please provide us the date of that appointment, and provide the document soon after the appointment. If you find it easier to email a photo of the needed documents, please feel free to email to sheila@hdmsreno.com.

Thank you for your immediate attention in this matter.

#### **DONATIONS NEEDED**



Thank you to all previous donors. Our ladies cart is very successful. Currently, we are almost out of products and are in need of more.

The products that are used the most:

- Always size 4 ultra thin overnight
- Always radiant size 3
- Always radiant size 2
- Kotex teen, reg tampax pearl
- Super tampax pearl
- Light tampax pearl

We look forward to continuing to apply period products for the students. Thank you for all your support

# **NEW ILLNESS EXCLUSION GUIDELINES FROM WCSD & WCHD**

Per the Health District, beginning on January 10, 2023, the following 'exclusion practices' (guidelines for when students and staff may return following illnesses) will be observed in HDMS schools and other workplaces:



- Fever The ill person needs to be fever free for 24 hours without medication prior to return.
- Vomiting/diarrhea The ill person should not experience any vomiting/diarrhea for 24 hours without medication prior to returning.
- Rash of unknown origin The ill person should not return to school or work until a medical exam confirms these symptoms are not contagious. If it is a contagious skin infection, the ill person must remain away from school or work until 24 hours after treatment has begun. Children or staff who have a rash with a fever should not be allowed to return until fever has been gone for 24 hours (without the use of fever-reducing medication) and should not return until there have been no new lesions for 24 hours.
- Yellow or greenish drainage from eyes, nose, or ears The ill person can return to school or work if they have taken antibiotics for the 24 hours before returning or drainage has completely resolved.
- Sore throat The ill person will be sent home and should be seen by a healthcare provider if symptoms worsen. The ill person may return the following day if symptoms improve.
- Cough The ill person may attend school or work unless they have a fever or other symptoms indicating a possible infection.
- COVID If diagnosed with a lab confirmed test or home test, the ill person will be excluded from school or work for 5 days, and may return on day 6 if they can wear a mask for the next 5 days.

# **HELP OUR ARCHERY TEAM GO TO NATIONALS!**

Archery is the only sport at HDMS. Our Elementary & Middle School teams compete annually in the National Archery in the Schools Program (NASP) Nevada State Tournament. We are THRILLED to share that this year our Middle School Team placed FIRST in the state of Nevada, which qualifies the entire team to compete in the Western National NASP Tournament in Sandy, Utah in late April. We want ALL 24 of our team members, no matter their economic status, to be able to share this incredible opportunity.

This will be an experience these students will never forget. There is nothing quite like hearing the thud of hundreds of arrows simultaneously hitting targets in the huge arena of the National Tournament. It is simply unforgettable.

Please help our team get to Nationals! Funds raised will help cover the costs of travel, food, & lodging.



Can you or your workplace help to sponsor our team? Please reach out to Miss Laurel laurel@hdmsreno.com for more details.

Any amount helps! Please donate at our GoFundMe https://gofund.me/9a717dc8

Sign up <u>HERE</u>

**FAMILY READING** 

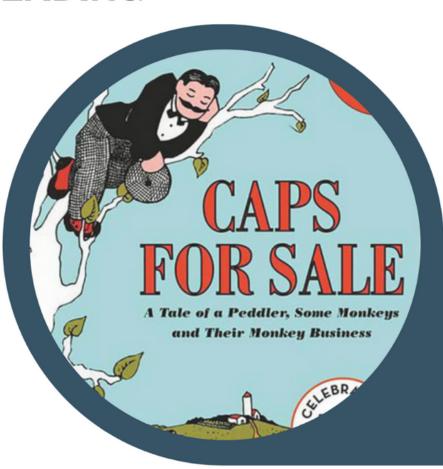
**NIGHT** 

February 21, 2023

5 pm - 6:30 pm

Come for a story time and a guided activity! Everyone will receive a take-home bag with a copy of the book and activity materials

For families with children aged 3 - 8 years old.







Presented by the Family Reading Program at



For questions, contact Ma'Kayla Porter, the Family Reading Program Coordinator at Northern Nevada Literacy Council



https://tinyurl.com/4fku533n



775-356-1007 ext 2229



frpcoord@nnlc.org

# A MESSAGE FROM OUR GREEN PARENTS GROUP



Valentine's Day is coming up, and though some of the classrooms have chosen to NOT organize activities related to this particular event, it's difficult to ignore with so much publicity in stores and in the media. It's helpful to remember that it is a day to celebrate love and friendship, and that these could not be possible without the beautiful world in which we live. Let's celebrate with simple sustainable things that are not wasteful or polluting. How about simply making a card from used paper or cardboard, or get creative expressing your love by baking your own sweet treats. Love with respect for our environment is really all that matters at the end of the day!

And this website has lots more fun ideas, zerowaste.

# A MESSAGE FROM OUR PTO

A huge thank you to everyone who has donated to our Savers Fun Drive this year! The turnout was great and we really appreciate all of the help.

Another thank you to those who came to our Bocce Parent Night Out. We had a great time.

Our next PTO meeting is next week Thursday February 16th at 5:30 PM so be sure to come to the <u>Zoom</u>. We'll talk about updates with the school as well as our upcoming events. Hope to see you there!

#### Upcoming events

- Collection for Savers Fun Drive until early February 10th
- Our next PTO meeting is Thursday February 16th @ 5:30 PM on Zoom
- Brews and Bites at the Generator February 25th, buy tickets <u>here!</u>
- Spring Picnic May 21st



# NOTES FROM THE PRIMARY TEAM SNOWFLOWER CLASSROOM

Snowflower would like to give a big THANKS to Blake for his time in our class! We had so much fun reading and learning with him! Thank you Blake!! We appreciate your help and kindness!





# **NOTES FROM THE ELEMENTARY TEAM**

# **ANTELOPE CLASSROOM**



We are continuing our mushroom study and our mushrooms are growing fast! The kids have voted to eat their mushrooms with pasta. We already have our pasta. If you are willing, we will need butter and garlic to complete our meal. Thank you in advance for your donation.

# **NOTES FROM THE ADOLESCENT TEAM**

# **EXPLORING WASHOE COUNTY CREATIVE EXPRESSION CLASS**

Students experiencing how electrical energy works at the Discovery Museum.





# **COMMUNITY PROJECTS**

Elias and Paulo were able to make one delivery of donations to the Eddy House and are looking forward to doing one more delivery on February 22nd. They appreciate all of the donations!



# **ADOLESCENT ROCKCLIMBING CREATIVE EXPRESSION CLASS**













Adolescent students take on rockclimbing at North Peak Climbing & Fitness.





# **AFTER SCHOOL YOGA CLASSES**

# YOGA

Tuesdays (6-10\*) or Thursdays (4-6\*) 3:50-4:40 pm ~ HDMS Library

\*recommended ages

Yoga Mats Provided ~ "Trilingual" Classes

Alegria.A.Day@gmail.com
775.312.3645

# SPRING BREAK CAMP WITH CHALLENGE ISLAND

Visit <a href="https://www.challenge-island.com/reno-sparks-nv">www.challenge-island.com/reno-sparks-nv</a> for more info!



SPRING BREAK March 20-24 @ High Desert



SPRING BREAK March 27-31 @ High Desert



June 20-23 @ High Desert \*No camp 6/19 - Juneteenth



June 26–30 @ High Desert



July 3-7 @ High Desert \*No camp 7/4 - Fourth of July



July 10-14 @ High Desert



July 17-21 @ High Desert



July 24-28 @ High Desert



July 31-Aug 4 @ High Desert

#### Challenge Island Reno-Sparks **Camps 2023**

9am-4pm (Before/After care available) \$255/week Ages 5-12 (must be entering Kinder)

Call: 775-813-2411 Email: mcargite@challenge-island.com





Scan / Sign Up Here: www.challenge-island.com/reno-sparks-nv

# **AFTER SCHOOL BRIDGE CLASSES FOR AGES 9+**

# Learn to Play Bridge 1, 2, & 3 Three Bridge Classes

Instructor: Jill Wallace, alwaysup4bridge@gmail.com

#### Cost:

\$80 for Bridge 1 or Bridge 2 \$60 for Bridge 3



**Bridge 1: Bridge Basic** Feb. 1 - Mar. 22, Wedn Bridge 1: Bridge Basic Feb. 2 - Mar. 23, Thurs (8-week series for begin bridge players)

Bridge 2: Bidding & Pl Feb. 6 - Mar. 27, Mond week series via Zoom fo experienced players)

#### **Bridge 3: Declarer Pla** Contracts

Feb. 6 - Mar. 13, Mond week series via Zoom fo experienced players)

Each course includes session on Saturdays, Mathewson Bridge Ce Plumb)

Register for Bridge 1, https://bit.ly/Bridge-Registration