



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

As conference week draws to a close, I wanted to say how awesome it has been to see so many families, and sit in on some amazing conferences. Watching children lead parent conferences fills me with so much pride, and it is all due to the hard work of our amazing teachers and wonderful families. We are seeing our future in the eyes of our children every day, and I know that when these children are grown and the world is in their hands, we will all be better off for having them.



Have a wonderful spring break. Come back refreshed and reenergized, ready to tackle the 4th quarter of the school year, and what lies ahead.

Mr. Eric
eric@hdmsreno.com

UPCOMING EVENTS

- 3/13/23-3/17/23: TWO HOUR EARLY RELEASE FOR SPRING CONFERENCES
- 3/16/23: 5:30 PTO MEETING
- 3/20/23-3/31/23: NO SCHOOL - SPRING BREAK
- 4/12/23: TWO HOUR EARLY RELEASE
- 4/20/23: 5:30 PTO MEETING
- 4/21/23: 6:00-8:00 ELEMENTARY PARENT CHILD DANCE
- 4/26/23: TWO HOUR EARLY RELEASE
- 4/26/23: 5:00PM HDMS BOARD MEETING
- 5/10/23: TWO HOUR EARLY RELEASE
- 5/18/23: 5:30 PTO MEETING
- 5/23/23: 5:00 FAMILY READING NIGHT
- 5/24/23: TWO HOUR EARLY RELEASE
- 5/29/23: NO SCHOOL - MEMORIAL DAY
- 5/31/23: 5:00PM HDMS BOARD MEETING



Keep reading! This is just page 1 of our Weekly Newsletter!

- Depending on how you opened this document, there are different ways to navigate from page to page:
- hover over the bottom left corner to see clickable arrows
- hover over the right margin of the page to see clickable arrows
- simply scroll down from page to page!



A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

We are finally wrapping up Phase III of construction which includes the Community Center and west playground. We will be opening the space to students and staff when we return from Spring Break on April 3rd. In addition, we are fencing off and re-seeding the west field in hopes our grass will take this time. Several classrooms submitted names to be considered for the new community center. Please take a moment to vote for your favorite by clicking [HERE](#).



Help name the new Community Center!



It has been three incredible years of construction and we are beyond thrilled to finally have a beautiful and safe unified campus for our community. A special thank you to construction manager Dan Joslyn and Dennis Banks Construction as well as our Board of Directors for all of their support in making our dream a reality. It has truly been a labor of love!

Miss Tammie
tammie@hdmsreno.com

FREE LUNCH & BREAKFAST PROGRAM

Our full breakfast and lunch menu can always be found at www.hdmsreno.com/school-lunch-breakfast/

| | | | | |
|--|--|---|---|---|
| 3 Bagel & Cream Cheese w/ Fruit & Milk | 4 English Muffin & Sausage (veg option w/cheese) w/ Fruit & | 5 Waffle w/ Fruit & Milk | 6 Quesadilla w/ Fruit & Milk | 7 French Toast Casserole w/ Fruit & Milk |
| Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk | Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk | Cheese Pizza (Vegetarian) w/ Fruit & Milk | BBQ Drumsticks & Potatoes (Veg. option Stewed Chickpeas) w/ Fruit & Milk | Tuscan Grilled Cheese (w/tomatoes, spinach & italian spices) w/ Fruit & Milk |
| 10 Bagel & Cream Cheese w/ Fruit & Milk | 11 English Muffin & Sausage (veg option w/cheese) w/ Fruit & | 12 Waffle w/ Fruit & Milk | 13 Quesadilla w/ Fruit & Milk | 14 French Toast Casserole w/ Fruit & Milk |
| Pasta Salad (vegetarian) w/ Fruit & Milk | Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk | Veggie Pizza w/ Fruit & Milk | Stew Beef & Potatoes w/ Fruit & Milk | Tuna Salad Sandwich (veg option is veggie & cheese sandwich) w/ Fruit & Milk |

A MESSAGE FROM OUR MONTESSORI ADVISOR, MISS KALEIGH

Question of the Week: "How can I use Montessori principles at home?"



Using Montessori principles at home is a great way to recognize and develop your child's ability to learn about the world around them; as well as encouraging their natural curiosity and passion for learning.

To incorporate Montessori principles, look at your home through the eyes of your child....

1. Are there opportunities for your child to help with meals?clean?garden?get their own snacks/lunch?
2. Emphasize life skills that are age appropriate. For example, younger children could help with watering plants, putting dishes in the dishwasher. Older children can help with meal preparation, basic home maintenance, and grocery shopping.
3. Teach concentration- away from digital sources
4. Focus on inner motivation, not rewards
5. Allow children to pursue their own interests

"The essence of independence is to be able to do something for one's self." - Maria Montessori

A MESSAGE FROM OUR SCHOOL SOCIAL WORKER, MISS MARY

Thank you for a wonderful year so far. I would like to share some photos from our adventures at The Generator this year. We have been working with Ms. Aki at the Generator to enhance our self-awareness, practice social skills, and create amazing artwork and connections with peers. Thank you Aki and The Generator for all your work with us at High Desert Montessori. If you would like to sign up for additional classes please me know at Mary@hdmsreno.com.

Art Journaling



Motorcycles and the Virtue of Quality



Identity and Sketching



Hey!!!



A NOTE FROM OUR PTO

March Agenda:

- Principal/Director updates for rest of HDMS year
- Brews and Bites successes and improvements for next year
- Spring Picnic planning
- Fundraiser ideas (need new ideas for fun fundraisers)
- Other questions/ideas

You're Invited

- Meeting March 16th 5:30-6:30 PM
- Meet other parents/teachers/admin
- Bring any HDMS related questions to the meeting!
- Get involved

Zoom Link

March PTO meeting is next Thursday March 16th at 5:30 PM. You can access the meeting with this [Zoom link](#).

- ### Upcoming events
- PTO meeting Thursday March 16th at 5:30 PM on Zoom
 - Spring Picnic May 21st



Don't forget our swag store with sweatshirts, water bottles, etc... with the school logo is available all year. You can access the store by clicking [here](#). All proceeds from sales go directly back to the school for teacher training, classroom grants, and teacher appreciation days.

A NOTE FROM OUR GREEN PARENTS GROUP

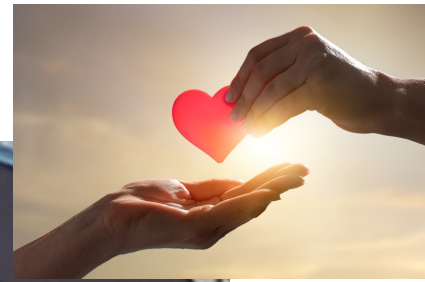
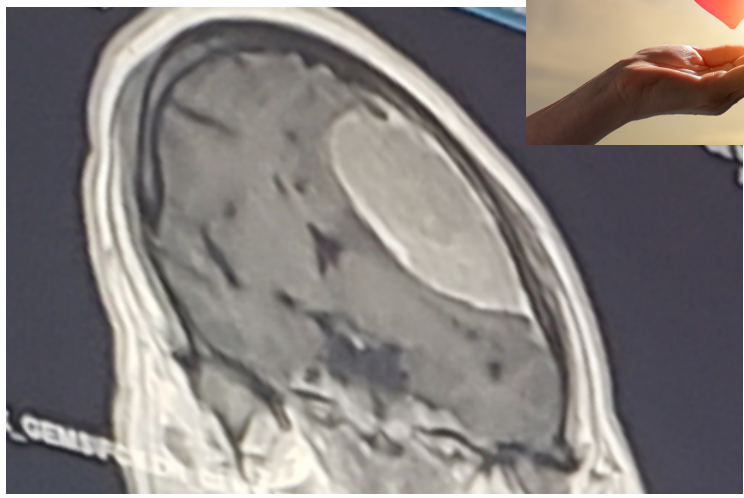


Although it is barely starting to feel like spring, Spring Break is already upon us. You may be dreading what bad habits the children will develop without the structure of the school day, but the change in routine might actually offer opportunities to get the family outside and enjoy spending time in nature together. We are lucky to live in a place where there are many ways to enjoy the outdoors: skiing at higher elevations, hiking at lower elevations, or just taking a stroll by the river. The Truckee Meadows Parks Foundation has a great directory of local parks to explore, including a map, that can be the starting point for your adventure. Whether you're looking to stay close to home or explore a new space, get outside this Spring Break!

<https://www.tmparksfoundation.org/parks>

PLEASE HELP THIS HDMS FAMILY IF YOU CAN

One of our HDMS Lower El parents, Diana Ballesteros, had a brain tumor removed in February. She went in this week for a second surgery because of an infection. She is a single mom with two children. When our teacher asked if she needed anything, she asked that we share her [GoFundMe](#).



WE ARE HIRING!



HDMS is hiring for the following positions for the 2023-2024 School Year:

- Assistant Principal
- Grant Writer

If you, or someone you know might be interested, both positions are now posted on our [website](#). Applications will be accepted through end of business day April 7, 2023.

LIBRARY VOLUNTEERS NEEDED!

We need some recurring help in our beautiful new elementary library. Tasks include:

- shelving books
- dusting shelves
- cataloging books
- helping students find books

If you can help, please reach out to Sherrie Jordan at sherrie@hdmsreno.com



WCSD FAMILY CLIMATE SURVEY



The Washoe County School District 2023 Family Climate Survey is now open! Participating in this survey will allow you to enter a raffle ticket to win a prize from one of our sponsors. The survey will be open from February 13, 2023, through April 28, 2023. We appreciate your opinions about our school and will use the information to help improve the climate and safety of our school.



A MESSAGE FROM OUR BOARD OF DIRECTORS

The HDMS Board of Directors will be performing Mr. Eric's annual evaluation and we would like feedback from HDMS parents and guardians.



The HDMS Board of Directors is looking for a volunteer Board Treasurer for the 2023-2024 school year. A background in finance is required. If you are interested, please reach out to Tammie Stockton at Tammie@hdmsreno.com

NOTES FROM THE ELEMENTARY TEAM

EXCELSIOR PIE DAY

Excelsior students enjoyed participating in Pi day!



SAVE THE DATE FOR THE ELEMENTARY PARENT + CHILD DANCE!

Elementary families- Save the Date for the Elementary Adult + Child Dance!

Students, bring a parent, grandparent, aunt, uncle or caregiver!

Friday, April 21, 2023
6:30-8:30 PM

SIERRA CLASSROOM

Wishing you all an enjoyable, safe Spring Break!

Thank you to all of the families who met with me for spring conferences!

**HDMS ELEMENTARY
ADULT + CHILD
DANCE!**

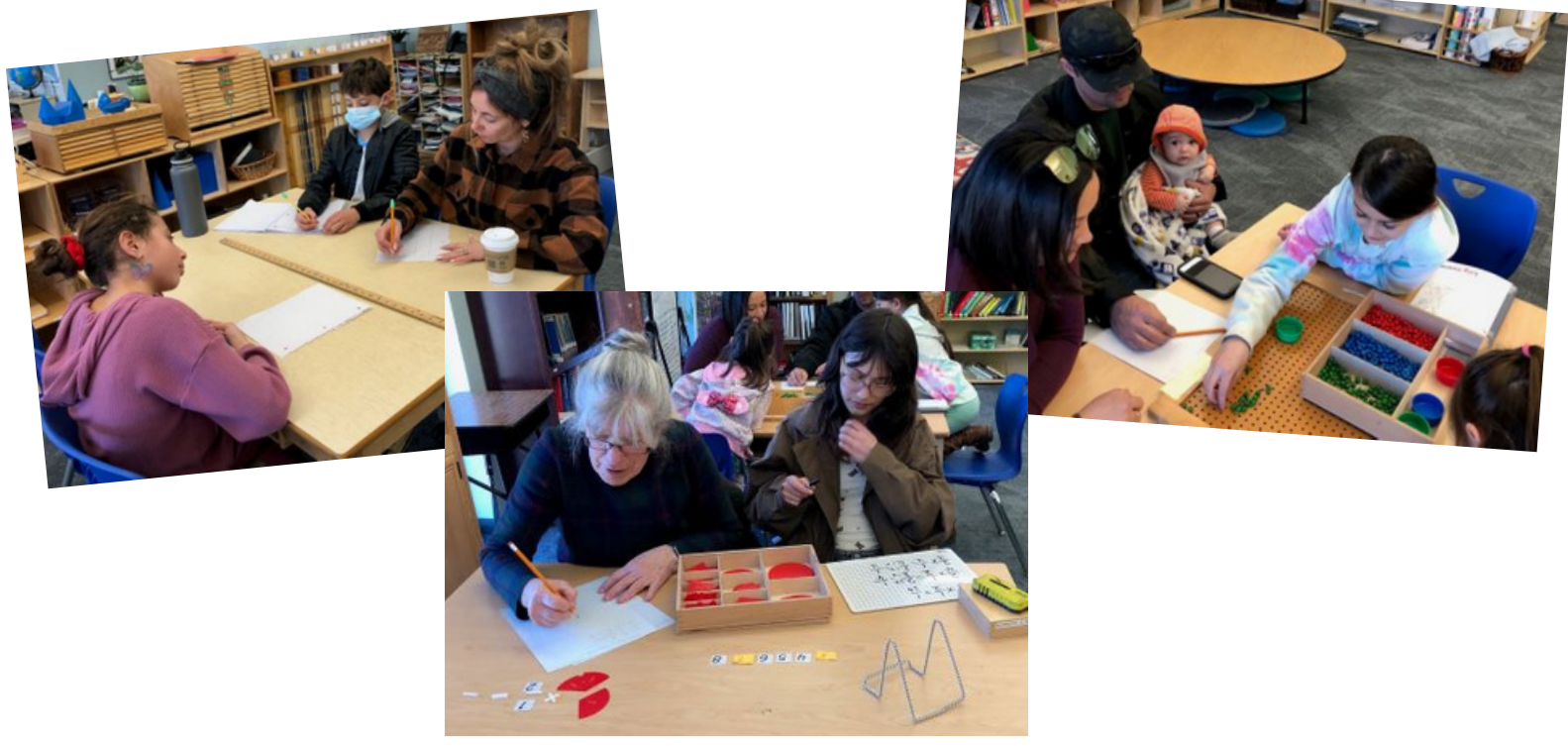
STUDENTS, BRING YOUR FAVORITE ADULT!
PARENT + CHILD
GRANDPARENT + CHILD
AUNT/UNCLE + CHILD
CAREGIVER + CHILD

FRIDAY, APRIL 21, 2023
6:30-8:30 PM

An illustration at the bottom of the poster shows a man in a green shirt and black pants dancing with a young girl in a white dress with pink flowers. To the right, a woman in a white top and black pants is dancing with a young girl in a brown dress. The background is a dark blue space with a green aurora borealis effect.

TOIYABE CLASSROOM

Thanks to all of you for meeting with me this week to discuss your child's progress. Thank you also to those of you who participated in Montessori Through My Eyes. It has been so much fun sharing our class community with you all.



UPPER EL CARDBOARD CHALLENGE!

A big thanks to Thomas Darnell, HDMS alum, who organized a cardboard challenge for Upper El last week. We had so much fun creating games with cardboard!



YEARBOOKS FOR SALE

Visit www.buytheyearbook.com
and enter School ID 708241



Yearbooks for sale!

Early ordering starts now
for \$20

Orders after April 8th go up to \$25

Order Now!!

Visit www.buytheyearbook.com
and enter School ID 708241



SOCCER SHOTS FOR AGES 3-6

Visit reno.soccershots.com/hdms for more info!

HIGH DESERT MONTESSORI SCHOOL: SPRING '23 SEASON

Dates: 4/4/23 – 5/30/23 (Tuesdays, 8 sessions)

Ages: 3 - 6

Time: First class starts at 3:30pm

Cost: \$128 (plus \$25 registration fee if child did not play in Fall '22) (split payment available)

Enroll Here: <https://reno.soccershots.com/hdms>



CHESS WIZARDS SPRING SESSION

Visit www.chesswizards.com for more info!



Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

Class information

School Name: **High Desert Montessori School**

Dates: **4/6, 4/13, 4/20, 4/27, 5/4,**

5/11, 5/18, 5/25, 6/1

NO CLASS ON: **N/A**

Class Day and Time: **Thursday 3:20-4:20pm**

Ready to make new friends and amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total# of Classes: **9**

Grades: **K-5**

Price: **\$144**

Register Today At www.chesswizards.com!

Paper checks are not accepted, Online registration only.

REGISTER NOW!



Can't find a day and class time that fits your family's schedule?

Check out Chess Wizards Online!

Same exciting curriculum, now available online! Visit our website: chesswizards.jumbula.com

Private lessons and groups Tactics, strategies, and puzzles Safe and secure

Register at: www.chesswizards.com

Call Us at: **+1 866-949-4386**

Visit www.chesswizards.com for more info!

bilingual/trilingual
YOGA

Spring Yoga Session
Enrolling Now
April 4 - May 26

Reminder:
No Class March 10 - April 3



Links aren't clickable on some versions
of the HDMS newsletter:
<https://forms.gle/UtTb7eAoQBYr4pxg7>



Children's Yoga

Tuesdays or Thursdays
3:50-4:40 pm

Adult Vinyasa

Fridays ~ 3:45-4:45 pm

HDMS Library ~ Yoga Mats Provided
Bilingual-ish (English/Spanish) + some Sanscrit

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