



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

The weather this winter has been a challenge. With all the delayed starts, closures, and disruptions, consistency has been difficult to maintain, but the resilience of our students, staff, and families is amazing.

We have now had five school days canceled, one for smoke in the fall, and four for snow. We were not given the option to move to distance learning that was afforded to Washoe County School District, so we are currently formulating a plan to make up instruction time and will submit it for approval. We will notify our community of any calendar changes as soon as they are approved. Let's keep our fingers crossed that there are no more school cancellations.

Mr. Eric
eric@hdmsreno.com



UPCOMING EVENTS

- 3/8/23: MONTESSORI THROUGH MY EYES
- 3/13/23-3/17/23: TWO HOUR EARLY RELEASE FOR SPRING CONFERENCES
- 3/15/23: 5:00 HMDS BOARD MEETING
- 3/16/23: 5:30 PTO MEETING
- 3/20/23-3/31/23: NO SCHOOL - SPRING BREAK
- 4/20/23: 5:30 PTO MEETING
- 4/26/23: 5:00PM HDMS BOARD MEETING
- 5/18/23: 5:30 PTO MEETING
- 5/23/23: 5:00 FAMILY READING NIGHT
- 5/29/23: NO SCHOOL - MEMORIAL DAY
- 5/31/23: 5:00PM HDMS BOARD MEETING



A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

I would like to thank all families who braved the cold weather last week and joined us for our first Family Reading Night in partnership with the Northern Nevada Literacy Council. Early literacy helps children develop a rich vocabulary, self-expression, and reading comprehension—tools they need to become successful readers and lifelong learners. Children ages 3-8 participated in a read-aloud of "Caps For Sale" by Esphyr Slobodkina, did a follow-up activity with their family, and received a take-home bag of the book and home activity. Our next Family Reading Night will be held in May so be watching for details.



Miss Tammie
tammie@hdmsreno.com

A MESSAGE FROM OUR MONTESSORI ADVISOR, MISS KALEIGH



Did you know there are approximately 5000 Montessori programs in the United States, with only 570 of those being public?

The first public Montessori schools opened in the 1970s as part of the desegregation movement. Some early public Montessori schools were part of the Head Start program. The charter school movement in the 1990's saw an increase in Montessori in the public school sector. An estimated 300 new public Montessori programs have opened since 2000. Most public Montessori schools go through elementary school, Montessori high schools are quite rare, with about 150 high school programs in the United States.

A MESSAGE FROM OUR BOARD OF DIRECTORS

The HDMS Board of Directors will be performing Mr. Eric's annual evaluation and we would like feedback from HDMS parents and guardians. Please follow this [link](#) to fill out the breif survey.



The HDMS Board of Directors is looking for a volunteer Board Treasurer for the 2023-2024 school year. A background in finance is required. If you are interested, please reach out to Tammie Stockton at Tammie@hdmsreno.com

FREE LUNCH & BREAKFAST PROGRAM

Our full breakfast and lunch menu can always be found at www.hdmsreno.com/school-lunch-breakfast/

27 Bagel & Cream Cheese w/ Fruit & Milk	28 Waffle w/ Fruit & Milk	1 Quesadilla w/ Fruit & Milk	2 Scrambled eggs w/ Cheese, Toast, Fruit & Milk	3 French Toast Casserole w/ Fruit & Milk
Spaghetti w/ Meat Sauce (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Cheese Pizza (Vegetarian) w/ Fruit & Milk	BBQ Drumsticks & Potatoes (Veg. option Stewed Chickpeas) w/ Fruit & Milk	Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk
6 Bagel & Cream Cheese w/ Fruit & Milk	7 Waffle w/ Fruit & Milk	8 Quesadilla w/ Fruit & Milk	9 Scrambled eggs w/ Cheese, Toast, Fruit & Milk	10 French Toast Casserole w/ Fruit & Milk
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Veggie Pizza w/ Fruit & Milk	Taco Salad & Chips w/ Fruit & Milk	Chicken Sandwich (Veg. Option is Cheddar Sandwich) w/ Fruit & Milk

LIBRARY VOLUNTEERS NEEDED!

We need some recurring help in our beautiful new elementary library. Tasks include:

- shelving books
- dusting shelves
- cataloging books
- helping students find books

If you can help, please reach out to Sherrie Jordan at sherrie@hdmsreno.com



INPUT WANTED ON SCHOOL PHOTOS

HDMS is looking for feedback regarding school photos for next school year. Please fill out the following form if you would like to add your input. [LINK](#)

TAKE SURVEY



BAKE SALE! HELP OUR ARCHERY TEAM GET TO NATIONALS!



The archery team is hosting a bake sale tomorrow, Friday, March 3rd from 7:30-8:40 AM. Funds raised will help cover the costs of travel, food, & lodging on their trip to Nationals!

EVERYTHING IS \$2

MENU

- FRUIT KEBAB
- BAG OF POPCORN
- PUMPKIN MUFFIN
- BLUEBERRY MUFFIN
- BANANA MUFFIN



A NOTE FROM OUR PTO



Don't forget our swag store with sweatshirts, water bottles, etc... with the school logo is available all year. You can access the store by clicking [here](#). All proceeds from sales go directly back to the school for teacher training, classroom grants, and teacher appreciation days.

A huge thank you to everyone who came out and supported our Brews and Bites fundraiser. Thanks to you we were able to raise about \$900 that will be used to help send our teachers to conferences/training.

Upcoming events

- PTO meeting Thursday March 16th at 5:30 PM on Zoom
- Spring Picnic May 21st



A NOTE FROM OUR GREEN PARENTS GROUP

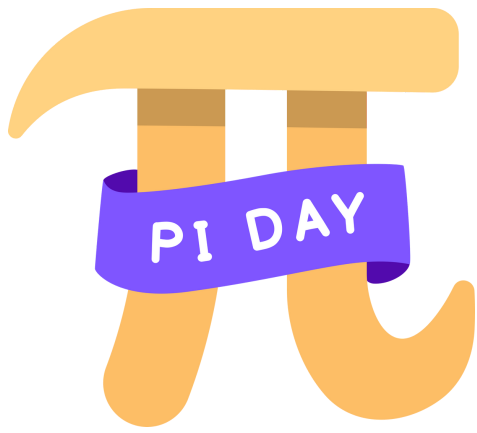
Looks like Winter is going to stay with us for a bit longer, and with it the need for heating. While we have to make sure that pipes are not freezing, by keeping our homes above 55°F ([consumerreports](#)), we can still conserve energy throughout the day. Modern thermostats are easily programmable to lower indoor temperatures to a minimum while we are away, and during the night when our pajamas and comforters keep us warm. Remember to close garage doors while repeatedly shoveling snow, and shut those fancy window coverings to keep the heat inside, while using low-energy lighting. For a comprehensive home weatherizing guide, check out the [Department of Energy's website](#). And remember to put on your favorite cozy sweater to avoid having to crank up the thermostat :)



Happy snow from the greenparents@hdmsreno.com

NOTES FROM THE ELEMENTARY TEAM

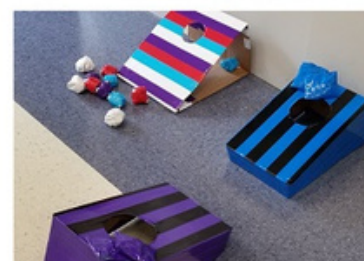
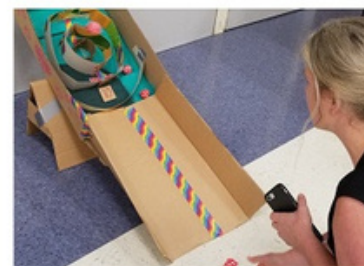
RUBY CLASSROOM



- March 2nd-15th Parent, Teacher, Student Conferences
- Wednesday, March 8th from 3:30-5:30 Montessori Through My Eyes.
- Tuesday, March 14th from 9-12 Pi Day Celebration
 - We need 4 volunteers. I have activities that you will lead as we have small groups of students rotate through 6 centers.
 - We will be gathering a list of supplies if you would like to help in this way.
 - Thank you to the families who:
 - signed up for conferences and Montessori Through My Eyes
 - return orders forms from Studenttreasures Publishing (class book).
 - pushed through this crazy week
 - THANK YOU Stacey for helping us get our grades into Infinite Classroom

UPPER EL CARDBOARD CHALLENGE

On Friday, March 10th, we will have an event for Upper El students based on the Cardboard Challenge. The Cardboard Challenge is an event celebrating children's creativity where they plan out what they want to make some time beforehand and then are provided with cardboard (and some other materials) to create whatever they dreamed up. We will need cardboard donated for this event, it can be given to the front desk or any Upper El classroom. Please contact your child's Upper El Teacher for more information.



YEARBOOKS FOR SALE

Visit www.buytheyearbook.com
and enter School ID 708241



Yearbooks for sale!

Early ordering starts now
for \$20

Orders after April 8th go up to \$25

Order Now!!

Visit www.buytheyearbook.com
and enter School ID 708241



SOCCER SHOTS FOR AGES 3-6

Visit reno.soccershots.com/hdms for more info!

HIGH DESERT MONTESSORI SCHOOL: SPRING '23 SEASON

Dates: 4/4/23 – 5/30/23 (Tuesdays, 8 sessions)

Ages: 3 - 6

Time: First class starts at 3:30pm

Cost: \$128 (plus \$25 registration fee if child did not play in Fall '22) (split payment available)

Enroll Here: <https://reno.soccershots.com/hdms>



CHESS WIZARDS SPRING SESSION

Visit www.chesswizards.com for more info!

SIGN UP TODAY FOR THE COOLEST CHESS CLASS ON THE PLANET*

REGISTER NOW!

WWW.CHESSWIZARDS.COM

*WE CAN ONLY VOUGH FOR PLANET EARTH

Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

Class information

School Name: **High Desert Montessori School**

Dates: **4/6, 4/13, 4/20, 4/27, 5/4,**

5/11, 5/18, 5/25, 6/1

NO CLASS ON: **N/A**

Class Day and Time: **Thursday 3:20-4:20pm**

Ready to make new friends and amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total# of Classes: **9**

Grades: **K-5**

Price: **\$144**

Register Today At www.chesswizards.com!

Paper checks are not accepted, Online registration only.

REGISTER NOW!



Can't find a day and class time that fits your family's schedule?

Check out Chess Wizards Online!

Same exciting curriculum, now available online! Visit our website: chesswizards.jumbula.com

Private lessons and groups Tactics, strategies, and puzzles Safe and secure

Register at: www.chesswizards.com

Call Us at: **+1 866-949-4386**



THERAPEUTIC SUMMER CAMP

Family Counseling Services of Northern Nevada has an annual therapeutic camp for children who have been impacted by sexual and/or family violence. Held July 9th through the 15th. Camper and Volunteer registration is now open. Please contact Ms. Mary at mary@hdmsreno.com or visit http://www.fcsnv.org/summer_of_healing_camp for more information.

Family Counseling Service's Summer of Healing Therapeutic Camp!

Now accepting applications for
Campers
&
Volunteers!

Summer of Healing Camp from July 9th-July 15th is offered free of charge to children who have been impacted by sexual and/or family violence .

Accepting children in the age range of:

- 8-16 years old; Ages 17+ can apply for junior counselor positions
- Children and volunteers have the opportunity to have fun by swimming in the lake, playing lawn games, learning archery, riding bike, and creating art together.
- Children are given the chance to have role models and build positive experiences with healthy adults.
- The volunteers and therapists help the child heal from trauma in a nonjudgmental and safe space by spending the week alongside the children.

Applications and further information available on our website at: www.fcsnv.org under youth treatment camps at the bottom of the page or contact us at 775.329.0623 for more information

Email: kate@familycounselingservice.org or

tiffany@familycounselingservice.org



1475 Terminal Way, Ste D, Reno, Nevada 89502



Camp is made possible through the support from private donations, and a State of Nevada sub grant from VOCA, Division of Child and Family Services. Grant #: 16575-200-022

YOGA

Children's Yoga

Tuesdays or Thursdays

3:50-4:40 pm



Adult Vinyasa

Fridays ~ 3:45-4:45 pm

[CLICK
HERE](#)

The Children's Yoga Classes are planned for 4-10-year-olds. Children strengthen their bodies, increase flexibility & balance, & explore themes like mindfulness & friendship through music, stories, & games learning new words in 3 languages: English, Spanish, & Sanskrit.

In the Adult All-Level Vinyasa class, we move through foundational poses at a moderate pace pausing to focus on breath and alignment. We build strength, increase flexibility, and improve balance. Class ends with a satisfying final relaxation that will relax the mind and body and allow the integration of the practice.

Classes taught by Kelly Bodtke, yoga teacher, HDMS Primary Montessori guide, & former elementary school general music teacher.



HDMS Library ~ Yoga Mats Provided
Bilingual (English/Spanish) + a little Sanscrit

Alegria.A.Day@gmail.com ~ 775.312.3645

SPRING BREAK CAMP WITH CHALLENGE ISLAND

Visit www.challenge-island.com/reno-sparks-nv for more info!



SPRING BREAK
March 20-24 @ High Desert



SPRING BREAK
March 27-31 @ High Desert



June 20-23 @ High Desert
***No camp 6/19 - Juneteenth**



June 26-30 @ High Desert



July 3-7 @ High Desert
***No camp 7/4 - Fourth of July**



July 10-14 @ High Desert



July 17-21 @ High Desert



July 24-28 @ High Desert



July 31-Aug 4 @ High Desert



Scan / Sign Up Here: www.challenge-island.com/reno-sparks-nv

Challenge Island Reno-Sparks **Camps 2023**

9am-4pm (Before/After care available)
\$255/week

Ages 5-12 (must be entering Kinder)

Call: 775-813-2411

Email: mcargile@challenge-island.com