



# HDMS WEEKLY NEWSLETTER

## A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

So far, this has been an amazing opening to our 20th trip around the sun. It was wonderful to see so many of you at our Nevada Montessori Week events, and I enjoy the smiles and excitement I see every morning and afternoon in the parking lot. I am really looking forward to getting to know all of our new families and being reacquainted with our returning families.

Each week, our school focuses on a theme as part of our Montessori grace and courtesy lessons. This week's theme is "Getting to Know You". With this in mind, I would like to introduce our teachers to you. All of our teachers are amazing professional educators, with years of experience in classrooms and extensive training, both in university settings and in training centers. Very few teachers ever come to us with Montessori training, but all commit to Montessori training when they join our staff. Going to a training center and receiving a Montessori diploma is quite an undertaking. It requires two to three summers away from their families, often on the other side of the continent, and extensive work during the school year. It is a big undertaking to become a professional Montessori guide. Teachers who have not yet had the opportunity to go to training are supported within our school by their peers, by our trained Montessori coaches, and by our professional learning communities.



Our teachers do all of this, as well as taking their kids to T-ball practice or piano lessons, volunteering in the community, and doing all the other things that you do with your families. They really are rock stars and I am so proud to have them in our classrooms.

When you see your children's teachers, please give them a pat on the back and thank them for all the work they do. Introduce yourself. Get to know them. We are all HDMS!

Sincerely,  
Mr. Eric  
Eric@hdmsreno.com

### UPCOMING EVENTS



- 8/22/22: FIRST DAY OF SCHOOL FOR KINDERS
- 8/22/22: FREE BREAKFAST & LUNCH SERVICE BEGINS
- 8/23/22: 6:00 ELEMENTARY BACK TO SCHOOL NIGHT
- 8/25/22: 6:00 ADOLESCENT BACK TO SCHOOL NIGHT
- 8/30/22: 6:00 PRIMARY BACK TO SCHOOL NIGHT
- 8/31/22: EARLY RELEASE (2 HOURS EARLY FOR ALL PROGRMS)
- 9/2/22: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
- 9/5/22: LABOR DAY - NO SCHOOL



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE



Thank you to those who attended the many festivities during Nevada Montessori Week! It was wonderful to have our special guest Mayor Hillary Schieve cut the ribbon at our grand opening with many HDMS students.

We will begin free breakfast and lunch service this Monday, August 22nd. Children need to simply let their classroom teacher or assistant know if they will be participating daily and if they want a regular or veggie option. Menus are posted weekly in the newsletter.

The Nevada Department of Agriculture is requiring all families to fill out a free and reduced application. Forms can be found in [English](#) or [Spanish](#) on our website or available at the front desk. Applications are due by August 19th.

Thank you for choosing to be part of the HDMS community!

Miss Tammie

Tammie@hdmsreno.com

## QUESTION OF THE WEEK WITH MISS KALEIGH, OUR MONTESSORI ADVISOR

Each week, I would like to answer questions that arise about Montessori, our school philosophy and so on. If you have a question, you would like answered please email [kaleigh@hdmsreno.com](mailto:kaleigh@hdmsreno.com) with "Question of the Week" in the subject line.

### **WHY ARE CARTOON CHARACTERS NOT PERMITTED AT HDMS?**

Maria Montessori said, "The true basis of the imagination is reality". Cartoon characters are based on fantasy. Maria Montessori believed that fantasy was not developmentally ideal for young children.

In our society, children are exposed daily to advertising in many different forms of media. This makes them vulnerable to commercial exploitation. Research has shown that children who are exposed to commercials and advertisements often become materialistic, and may result in children developing a negative body image.

At HDMS, we believe in the uniqueness of each individual child. During the period of the absorbent mind, children are not yet capable of discriminating between fantasy and reality, and may choose unrealistic role models. We want children to have positive, real life role models.

We want every child to have the opportunity to learn and focus in an environment that is peaceful and minimizes distractions. For some children, cartoon characters can be a distraction.

# FREE LUNCH & BREAKFAST PROGRAM

Meal service begins on Monday, August 22nd!

The Nevada Department of Agriculture is requiring all families to fill out a free and reduced application. Forms can be found in English or Spanish on our website or available at the front desk. Applications are due by August 19th.

Please make sure your child has their own utensils, cloth napkins & washable cup (unless your child's classroom teacher has let you know otherwise).

**\*Vegetarian option available daily when requested in the morning.**

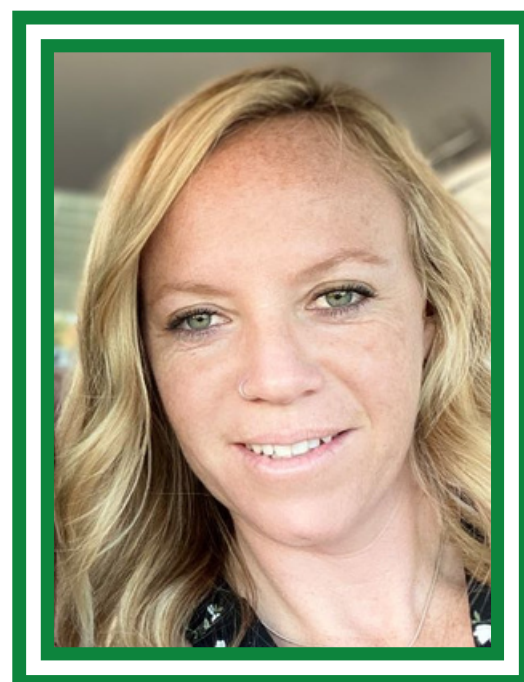
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August	22 Yogurt w/ Homemade Granola with Fruit & Milk	23 Grilled Cheese Sandwich w/ Fruit and Milk	24 French Toast Casserole or Waffle w/ Fruit & Milk	25 Bagel & Cream Cheese w/ Fruit & Milk	26 Quesadilla w Fruit & Milk
	Spaghetti w/ Marinara Sauce and Beef (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Bean & Cheese Burrito (Vegetarian) w/ Fruit & Milk	Pepperoni Pizza (Veg. Option is Cheese) w/ Fruit & Milk	Veggie Stir Fry w/ Rice & Fruit & Milk	Chicken Sandwich (Veg. Option is Veggie Wrap) w/ Fruit & Milk
	29 Yogurt w/ Homemade Granola with Fruit & Milk	30 Grilled Cheese Sandwich w/ Fruit and Milk	31 French Toast Casserole or Waffle w/ Fruit & Milk	1 Bagel & Cream Cheese w/ Fruit & Milk	26 Teacher Work Day
	Rotini w/ Broccoli and Cheese (Vegetarian) w/ Fruit & Milk	Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk	Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk	Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk	

## A MESSAGE FROM OUR SCHOOL COUNSELOR, MISS MARY

Hi Everyone,

I want to formally introduce myself, Mary Smith LMSW, CADC-intern, as High Desert Montessori School Counselor. I am so proud and excited to be back at High Desert Montessori. From 2016 to 2019 I had the honor of being a Teacher Assistant in Primary, Lower Elementary, Upper Elementary, and Substitute Teacher for Adolescent programs. Three of my children attended High Desert Montessori as well.

Over the last 16 years I have worked with children and families in a variety of settings including schools, residential and outpatient programs, and group counseling. I am working towards my Clinical Social Work License and Licensed Alcohol and Drug Counselor through the State of Nevada. I hope to complete a certificate and internship to obtain my Recreation Therapist certification.



I am looking forward to supporting you and your child. I'd love to share an [article](#) that I found helpful and enjoyed reading. I hope you find it as helpful as I did.

Please feel free to reach out with any questions, concerns or comments! I am looking forward to working with you and your children.

Warmly,

Miss Mary

Mary Smith LMSW, CADC-intern

mary@hdmsreno.com

# A MESSAGE FROM OUR HDMS GREEN PARENTS GROUP

Happy new school year from the Green Parents! We are excited about the beautiful campus and hope to get you a bit more involved in composting and other eco-literacy projects! Just email [greenparents@hdmsreno.com](mailto:greenparents@hdmsreno.com) to learn more. Every idea counts!

With the start of the school year we would like to remind you that our kids need time to play! We are trying to jam in all these scheduled activities after their busy school day and forget to let them just breathe and enjoy themselves, being outside in fresh air (cross fingers it stays that way) and nature. Enjoy the wild!



# A MESSAGE FROM OUR PTO

**WELCOME BACK TO SCHOOL**

## PTO INFO!

**HOW TO STAY CONNECTED/GET INVOLVED**

- Website** (events, meeting notes, resources)
- Facebook Page** (events, discussions)
- Group Me** (planning, summer/break meetups)
- Newsletter** (anything new and meeting Zoom links)
- Meetings** 3rd Thursday of every month on Zoom here

**Follow the QR code for links**

A graphic for PTO information. It features a green background with school supplies like a magnifying glass, an apple, a pencil, and a clock. The text "WELCOME BACK TO SCHOOL" is in a yellow banner at the top. Below it, "PTO INFO!" is written in large white letters, followed by "HOW TO STAY CONNECTED/GET INVOLVED" in a yellow banner. A list of ways to stay connected is provided. A QR code is centered, with "Follow the QR code for links" in a yellow banner at the bottom.

Welcome back to all of our returning families and a big welcome to all of our new families!

The HDMS PTO is excited for a big year, with tons of exciting events and fundraisers planned! For those who are new, or interested in the PTO, we are a volunteer organization with a mission to build community amongst parents, teachers, staff, and students. We work hard to create events for families, and some just for parents, to help us all come together and relax. We also have exciting fundraisers to raise money for our school to fund grants for students and teachers, teacher training, and much more.

We also have resources on our [PTO website](#) for parents about the school, after school programs, and even summer camps and we are currently building a spot on our website to advertise HDMS family owned businesses. If you're interested in promoting your business just email us contact information to [pto@hdmspto.com](mailto:pto@hdmspto.com).

To learn more about the PTO, school, or to help out, please attend our meetings every third (3rd) Thursday of the month on Zoom at 5:30 PM or get in touch with us directly at [pto@hdmspto.com](mailto:pto@hdmspto.com). We'll let you know what we have going on and what we need help with and you can sign up whenever it is convenient for you.

Our next meeting is September 15th at 5:30 PM. Here is the [Zoom link](#)!

School calendars are still on sale for 2 more weeks!, Get yours now for \$25! Calendars come with a complete HDMS schedule, including early releases, breaks, PTO events, and more! They also feature amazing artwork by our very own HDMS students.

If you'd like to stay connected be sure to check out our PTO Website, the HDMS Community Facebook Group, GroupMe (we plan get together and outings during breaks too!), and keep an eye out for our section in the Newsletter every week.

# SUPPLY FEE INFORMATION

High Desert is a tuition-free school for all students in grades K through 8. Comparable Montessori tuition-based programs can cost thousands of dollars a year per child. We charge a flat \$125 supply fee per student.



Supply fees are used for many purposes, including the purchase and replacement of costly Montessori materials, classroom furniture, field trips, and renewable classroom supplies.

If you have not made a payment by the end of September, you will receive an invoice from the school for a supply fee. Your payment can be run via credit card, can be mailed in, or dropped off at either front desk.

We understand that times are tough for many families but know that the price of a Montessori Education is well worth the investment! If you need to work with the school to make payments towards the supply fee, please contact our Business Office at 624-2800 extension 3 or email Sherrie at [sherrie@hdmsreno.com](mailto:sherrie@hdmsreno.com). We are happy to work with families needing this assistance.

## NOTES FROM THE PRIMARY PROGRAM

### LAHONTAN CLASSROOM

What a wonderful first week! The returning preschoolers went right to work and our new friends are intrigued by all of the Montessori lessons and activities. It is wonderful to see the Kindergarteners during their assessments. I look forward to welcoming them back next week!

Thank you to all of the families who helped us set up our new classroom this summer, including Brittany Avila, Christopher Blanford, Jill Hemenway, Amanda Herringshaw, Sue Chene, Amanda Richey, Norma Sanabria, Pete Shaw, Megan Yopez, Maureen Molini, Sarah Grosjean, Sunny's family (Ken Destefani, Doug Destefani, & Endika Beresarte), and Kelly's family (Abraham, Kai & Ismael). There were so many! I hope I didn't miss anyone. These lovely volunteers, moved, mounted things on walls, painted, cleaned, donated items and so much more. I don't know how Sunny and I would have gotten the classroom ready without their help. Thank you!



Finn working with Nuts & Bolts



Benjamin watering plants



Lexi examining the shells and rocks that she brought from Puget Sound for our observation tray (Thank you to Lexi and her family for the donation!)

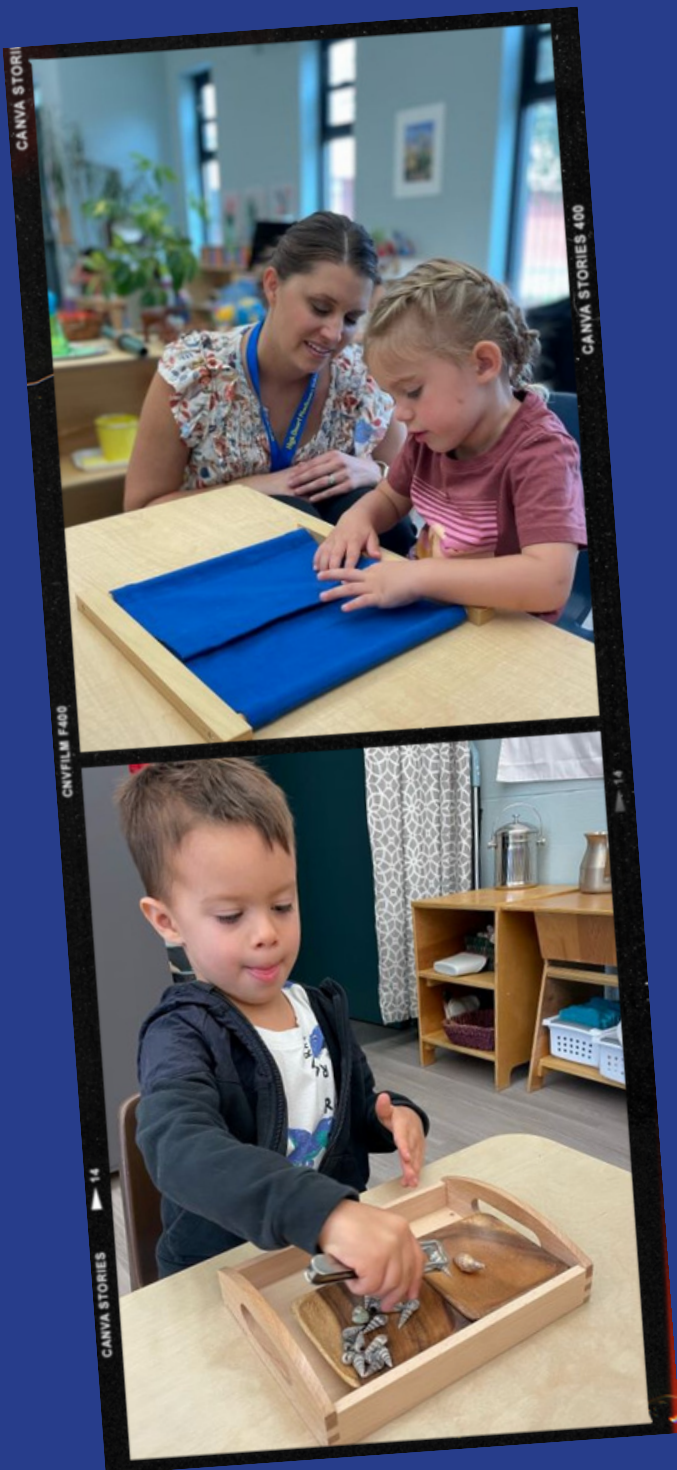
# PINE NUT CLASSROOM

The Pine Nut Classroom would like to remind you that they are a nut free classroom this year!



# TOQUIMA CLASSROOM

The Toquima class has gotten off to a great start this week! We are working hard on routines and ground rules and the children are really enjoying our new indoor and outdoor environments. Here are some snaps of the new lessons the children have been practicing. The concentration and joy on their faces is priceless!



## ANTELOPE CLASSROOM

We have been having a great time getting to know each other and our new environment. We work together to take care of one another as well as our pets and materials. I enjoyed getting to meet many of you during our open house last week. For those that I did not get to meet yet, I hope to meet you Tuesday the 23rd for our back to school night at 6:00! We will be discussing school philosophy and classroom procedures. If you would like to donate to the class, we could use some small cups for our lunches, some food for our Axolotl and some shavings for our Guinea Pigs. Thank you so much for sharing your children with me! I am excited for this school year!!



## CANDELARIA CLASSROOM

Learners in Candelaria classroom heard the story of the first great lesson, The Story of How the Universe Came to Be, one of five Great Lessons. The 5 Great Lessons are foundational to Montessori's Cosmic Education and understanding our place in the universe.



# VIRGINIA CLASSROOM

Dear Virginia Families.

What a great first couple of days. Thank you for sending nutritious lunches. They look beautiful.

This week's homework is setting up or renewing your schedules. You and your child should agree on when you will be doing your 30 minutes of reading and generally where. My child likes to have a snack right after school so she likes to read in the dining room while she eats. I am unusually prepping dinner so I can help with harder words. If your child is not reading independently yet then you're going to need to work out when you can read aloud to them. Will you be going to bed 30 minutes early so you can read together then?

Next week we will be presenting the 1st great lesson about how scientists believe the earth was formed.

Thank you to our snack families. It's working out well!



Photo: Theo H. and Paige review the new "Who am I?" cards that I made at training.

# RUBY CLASSROOM

Education is a series of transitions and experiences. Our program is designed to motivate students to become active learners, explorers, and teachers in their own right. I will begin slowly by getting to know each of the students and their personal learning styles. Most students are still learning "how to learn" and developing strategies and a sense of self. During this process I hope to:

- Help develop a positive attitude about education and learning.
- Develop a partnership between school and home (so thank you for reading this newsletter)

We look forward to seeing you again on Tuesday, August 23 at 6:00 pm. We are planning a lesson and explanation of other level and classroom expectations.

### Volunteer Opportunities

- We are already planning going outs for the year. We will be sending out more updates as they come out.

### Gratitudes

- We will share more of these needs on Tuesday and next week.
- Thank you to everyone that made Montessori Week a success and attended the event
- Thank you to Chavez Reyes for donating a sharpener
- Thank you to Crespo family for donating vinegar and baking soda



# JUNIPER CLASSROOM

The Juniper Classroom is having a great first week!



## URBAN GRINDERS IS COMING TO HDMS!

Urban Grinders Coffee Truck will be at HDMS during morning arrival on Thursdays beginning August 25th!



# "Trilingual" Yoga Classes

Lower El ~ Tuesdays ~ 3:50-4:30 pm

4's & Kinders ~ Thursdays ~ 3:50-4:30 pm



**SCAN ME**

\$12 per session

(please contact me if you'd like to request financial assistance)

Yoga Mats Provided

HDMS Library

Beginning the week of Sept. 5th

[Alegria.A.Day@gmail.com](mailto:Alegria.A.Day@gmail.com)

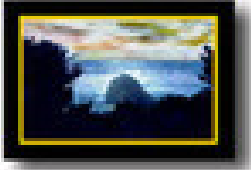
775.312.3645

## **UPPER EL ARCHERY**

Update- Watch for Upper El Archery sign ups right here in the Newsletter by the end of August. Starting in September, we will have two groups- one from 3:20-4:20 on Mondays and one from 3:20-4:20 on Tuesday afternoons.

Questions? Email Miss Laurel at [laurel@hdmsreno.com](mailto:laurel@hdmsreno.com)





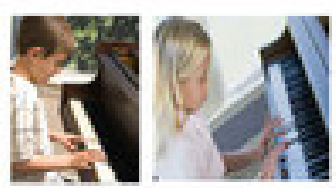
# PACIFIC MIST MUSIC

GENERATING REVENUE, JOBS & MUSIC EDUCATION FOR PRIVATE & CHARTER SCHOOLS

In Partnership with High Desert Montessori School  
**Beginning to Advanced in-School Music Lessons**

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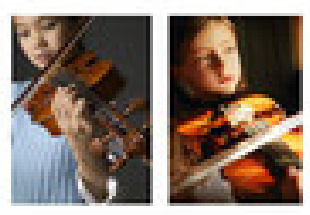
## Piano Lessons



## Guitar/Ukulele Lessons



## Violin Lessons



### Dear Parents

Pacific Mist Music offers an outstanding music program for the students of High Desert Montessori School. Enrolled in the program, your child will receive 30 minute private instruction weekly offering piano, guitar or violin. Weekly lessons will be taught at High Desert Montessori School.

The music teachers of Pacific Mist are seasoned professional musicians with many years of teaching & performance experience. Our teachers are excellent for students of all ages, keeping your child interested and excited about music.

Cost per lesson is \$30. Pacific Mist bills monthly by e-mail with Auto Pay. If instruments are needed, Pacific Mist can help with violins rentals, guitar, keyboard or piano purchases. Contact Steve Pfister for details. 775-324-1445

[Register on the web at PacificMistMusic.com](http://PacificMistMusic.com)



[Available lesson times are scheduled on a first come basis and they fill quickly..](#)

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### Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

### Class information

School Name: **High Desert Montessori**

Dates: 9/15, 9/22, 9/29, 10/13, 10/27, 11/3, 11/10, 11/17, 12/1  
12/8, 12/15

NO CLASS ON: **10/6, 10/20, 11/24**

Class Day and Time: **Thursday 3:20-4:20pm**

### Ready to make new friends and amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total # of Classes: **11**

Location: **Classroom**

Price: **\$176**

**Register Today At [www.chesswizards.com](http://www.chesswizards.com)!**

Paper checks are not accepted, Online registration only.

**REGISTER NOW!**



**Can't find a day and class time that fits your family's schedule? Check out Chess Wizards Online!**

Same exciting curriculum, now available online! Visit our website: [chesswizards.jumbula.com](http://chesswizards.jumbula.com)

- Private lessons and groups
- Tactics, strategies, and puzzles
- Safe and secure

Register at: [www.chesswizards.com](http://www.chesswizards.com)

Call Us at: **+1 866-949-4386**

# 52 WAYS TO MAKE YOUR CHILD SMARTER!



The ACBL Educational Foundation, creators of **BridgeWhiz™**, invite your kids to join a free, online beginning Bridge program that teaches young people, grades 4 through 12, the excitement of contract bridge.

- ◆ Bridge is a "mindsport" – the more it's played, the more it develops the mind.
- ◆ Bridge is a proven gateway to better concentration, focus, and reasoning, all scholastic benefits while your child is having fun playing with, and competing against, other kids.
- ◆ Bridge is an ice-breaker – the BridgeWhiz program has graduates from the US, Canada, UK, Europe, Africa and Asia, all of whom "speak bridge."
- ◆ BridgeWhiz uses certified and background-verified bridge teachers. Students play in a secure area.

“Playing bridge improved nearly everything for me, whether it’s my brain, my mind, or my swiftness of eyeing the cards.”

- Dora J., 5th Grade

**Hurry! Classes begin October 17, 2022.  
Register your children today at [BridgeWhiz.org](http://BridgeWhiz.org).**



The American Contract Bridge League Educational Foundation (ACBLEF) is a nonprofit organization established in 2017.

