



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

It really has been a great couple of weeks at HDMS. I have loved seeing all the kindergartners starting school this week, and I am so happy that the breakfast and lunch program has begun with our in-house partners, Farm Fresh Catering. If you happen to run into Ms. Ximena and her team, they really do deserve a pat on the back. It was great to see so many families at Elementary Back to School Night. Adolescent is this Thursday, and Primary is next Tuesday. Look for information from your child's teachers for time and location. Some classes are doing zoom and some are in-person.



Our grace and courtesy theme for this week is Following Community Guidelines. All classes are working hard to establish procedures and routines so that children know the expectations and classes can run peacefully and smoothly. Before and after care are also working hard to establish the norms that make us a peaceful and thriving community. You can do your part by reading the Parent Student Handbook, as well as discussing the norms and routines you have at home with your children. Doing this kind of work teaches children the discipline and self regulation they need to do well, not only in school, but in life as a whole.

Thank you for your ongoing support. Without such an amazing community of families, friends, and supporters, we couldn't do this important work for our children.

Sincerely,
Mr. Eric
Eric@hdmsreno.com

A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

One of our top priorities continues to be the health and safety of all staff and students. We remain diligent with cleaning practices, handwashing, and overall care of the environment. HDMS works with our healthcare partners at WCSD and the Washoe County Health District (WCHD), gathering the most up to date information related to COVID, Monkey Pox, and more general illnesses. Our most current COVID screener is HERE. As a general rule of thumb, keep your child home and notify the school if they are experiencing symptoms. At this time, students or staff who have been exposed do not need to quarantine unless they are symptomatic. Please feel free to reach out to the school if you have any questions.

UPCOMING EVENTS



- 8/25/22: 6:00 ADOLESCENT BACK TO SCHOOL NIGHT
- 8/29/22: URBAN GRINDERS AT ARRIVAL
- 8/30/22: 6:00 PRIMARY BACK TO SCHOOL NIGHT
- 8/31/22: EARLY RELEASE (2 HOURS EARLY FOR ALL PROGRMS)
- 8/31/22: HDMS BOARD MEETING LINK
- 9/2/22: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
- 9/5/22: LABOR DAY - NO SCHOOL

Thank you for choosing to be part of the HDMS community and let's have a healthy school year!!

Miss Tammie
Tammie@hdmsreno.com



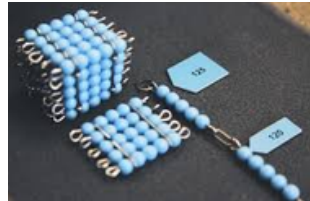
QUESTION OF THE WEEK WITH MISS KALEIGH, OUR MONTESSORI ADVISOR



Each week, I would like to answer questions that arise about Montessori, our school philosophy and so on. If you have a question, you would like answered please email kaleigh@hdmsreno.com with "Question of the Week" in the subject line.

If you have had an opportunity to tour our Montessori classrooms, you have seen the variety of materials available for children to learn from. You may have wondered what the material was used for.

This week, we are going to look at a Montessori material found in Primary, Lower Elementary and Upper Elementary. The Montessori Bead Cabinet



The Bead Cabinet represents a BIG work. The Bead Cabinet provides a concrete representation of abstract mathematical concepts.

In Primary classrooms, the Bead Cabinet is used to sensorially demonstrate linear counting from 1-1000. In Lower Elementary, the Bead Cabinet is used to concretely demonstrate skip counting, and multiples of numbers. In Upper Elementary, the Bead Cabinet is used to concretely demonstrate squared numbers and cubed numbers.

In many cases, the use of the Bead Cabinet will overlap across levels.



FREE LUNCH & BREAKFAST PROGRAM

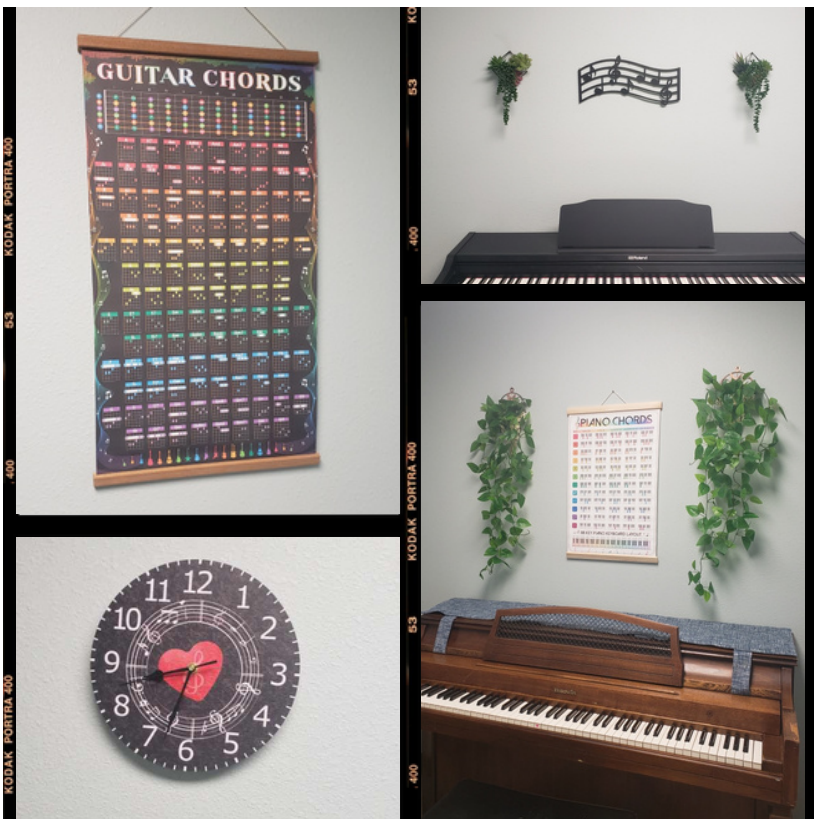
Our menu can always be found on our website [HERE](#).

The Nevada Department of Agriculture is requiring all families to fill out a free and reduced application. Forms can be found in English or Spanish on our website or available at the front desk.

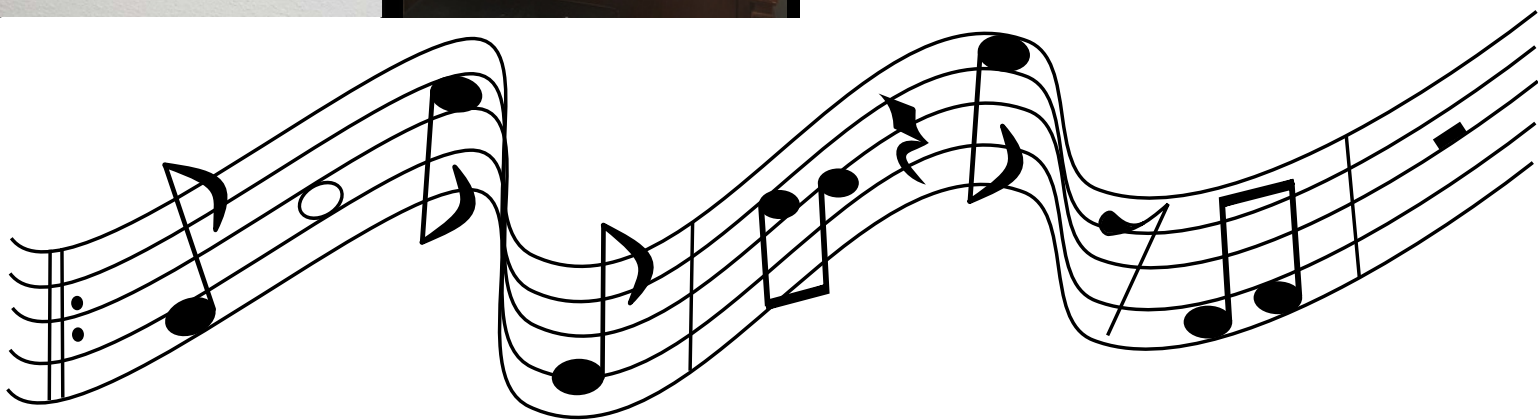
Please make sure your child has their own utensils, cloth napkins & washable cup (unless your child's classroom teacher has let you know otherwise).

29 Yogurt w/ Homemade Granola with Fruit & Milk Rotini w/ Broccoli and Cheese (Vegetarian) w/ Fruit & Milk	30 Grilled Cheese Sandwich w/ Fruit and Milk Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk	31 French Toast Casserole or Waffle w/ Fruit & Milk Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk	1 Bagel & Cream Cheese w/ Fruit & Milk Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk	2 Teacher Work Day
5 Labor Day	6 Grilled Cheese Sandwich w/ Fruit and Milk Pulled Pork Tacos (Veg. Option is Bean Tacos) w/ Fruit & Mild	7 French Toast Casserole or Waffle w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	8 Bagel & Cream Cheese w/ Fruit & Milk Veggie Curry w/ Rice (Vegetarian) w/ Fruit & Milk	9 Quesadilla w/ Fruit & Milk Beef Burger (Veg. Option is Veggie Burger) w/ Fruit & Milk

THANK YOU!



A big thank you to HDMS parent Michelle Gustavson who recently tuned both of our pianos at no cost AND decorated our music lesson room!



SCHOOL SAFE ID CHECK IN SYSTEM

As you know we have implemented a new visitor check-in system at HDMS to enhance the safety of our students, faculty and staff. SchoolSafeID will require all visitors to present a valid state-issued ID. The system will compare the visitor's name and date of birth to the national database of registered sex offenders.

SchoolSafeID will be managed through a kiosk in the front office with the assistance of Ms. Martha and Ms. Stacey. ALL Visitors must scan their valid state-issued ID, and once approved, the visitor will be issued a badge that identifies his or her name and purpose for visiting the school. The system will only record the visitor's name and date of birth. The system can also create a fast pass which takes the place of scanning your ID each time. However, it does not automatically check out your child. Visitors will not need to use the system should they simply need to drop off something in the main office.

During the student check-out process for aftercare, any parent or approved guardian will have to check their student out using the kiosk and take an up-to-date and accurate photo for ID verification purposes. Although in this learning phase, the process may take a couple of additional minutes of everyone's time, please know that the safety of the children is our number one priority. We appreciate your patience and understanding.



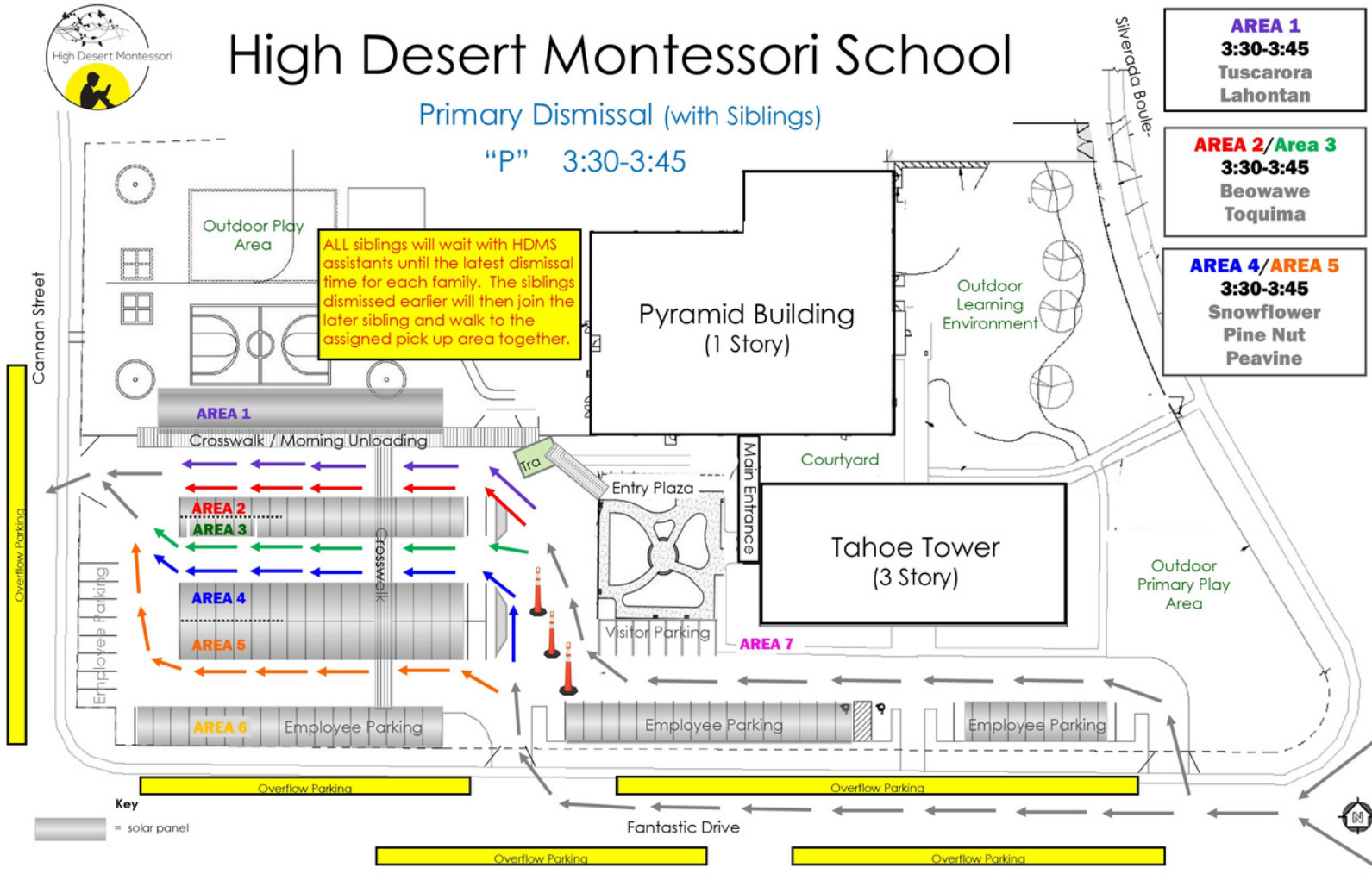


High Desert Montessori School

Primary Dismissal (with Siblings)

"P" 3:30-3:45

ALL siblings will wait with HDMS assistants until the latest dismissal time for each family. The siblings dismissed earlier will then join the later sibling and walk to the assigned pick up area together.



- AREA 1**
3:30-3:45
Tuscarora
Lahontan
- AREA 2/Area 3**
3:30-3:45
Beowawe
Toquima
- AREA 4/AREA 5**
3:30-3:45
Snowflower
Pine Nut
Peavine

Primary dismissal areas will change on Monday August 29th.

Dismissal times will not change.

Please watch the informational video [HERE](#)

- Area 1-** first (east) entrance
Tuscarora
Lahontan
- Area 2/Area 3-** first (east) entrance
Beowawe
Toquima
- Area 4/Area 5-** second (west) entrance
Snowflower
Pine Nut
Peavine

New placards for all Primary classrooms (except for Lahontan) will be placed in children's backpacks on Friday 8/26/22. Lahontan's placards have not changed (the only change for Lahontan is to enter in the first (east) gate instead of the second).

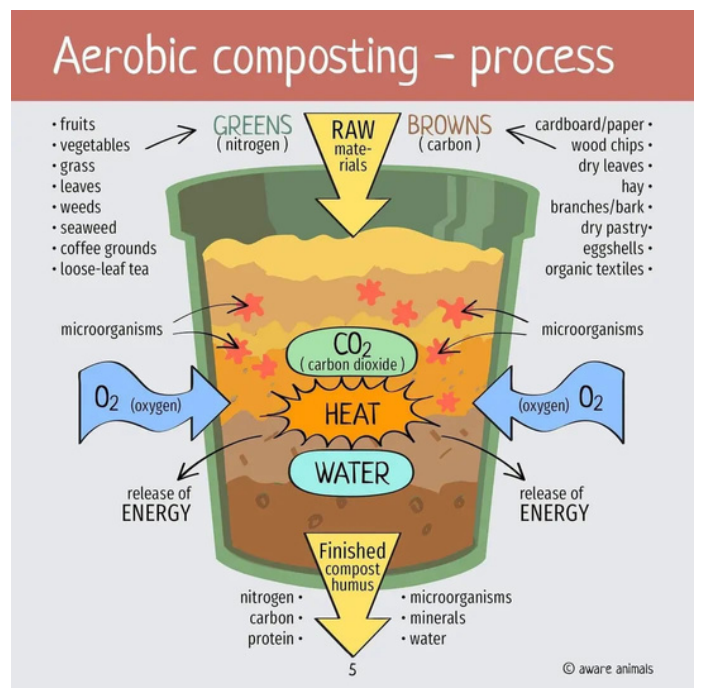
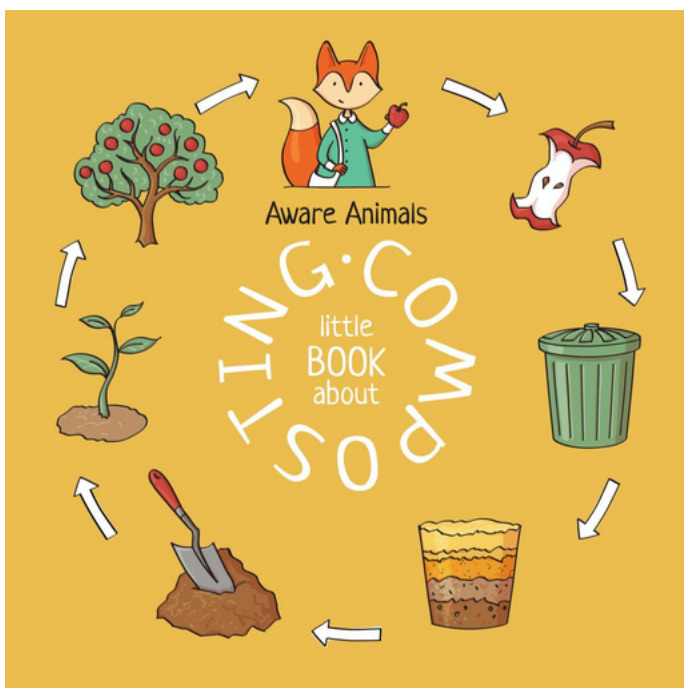
A MESSAGE FROM OUR HDMS GREEN PARENTS GROUP

As a school committed to eco-literacy, HDMS prioritizes composting. But what is composting and why is it important?

Composting is the collection of organic waste such as apple cores, banana peels and bread, as well as paper, that is left to decompose and thereby return to the soil as nutrition. Composting is the healthy alternative to simply throwing into the trash, as trash goes to the landfill and produces toxic waste and gases. It is an easy process and deeply satisfying as a healthy and constructive daily action.

The school has an area designated on its grounds where each classroom can deposit their organic waste. The challenge is to get our children to separate the waste effectively - each class has a bin for recyclables, compost, and trash for the landfill. Let's help our kids develop this healthy habit and have fun in the process!

SAVE the DATE! The Green parents' team will have their first get-together on Wednesday August 31st at 5.30. Email us for details! greenparents@hdmsreno.com



A MESSAGE FROM OUR PTO

There is still time to buy the school calendar for \$25! Get yours today. On Monday 8/29 the price increases to \$35. Calendars come with school schedule (never forget to pick up the kids on early dismissal again) and amazing artwork by our very own students. Calendars will be shipped directly to you starting this Friday!

Thanks to everyone who came out to our first PTO meeting. It was one of our biggest turnouts! We hope to see everyone at the next PTO meeting on September 15th at 5:30PM.

Check out the PTO Website, the HDMS Facebook Group, and GroupMe to stay connected and ask questions about the school or PTO.

WELCOME BACK TO SCHOOL

PTO INFO!

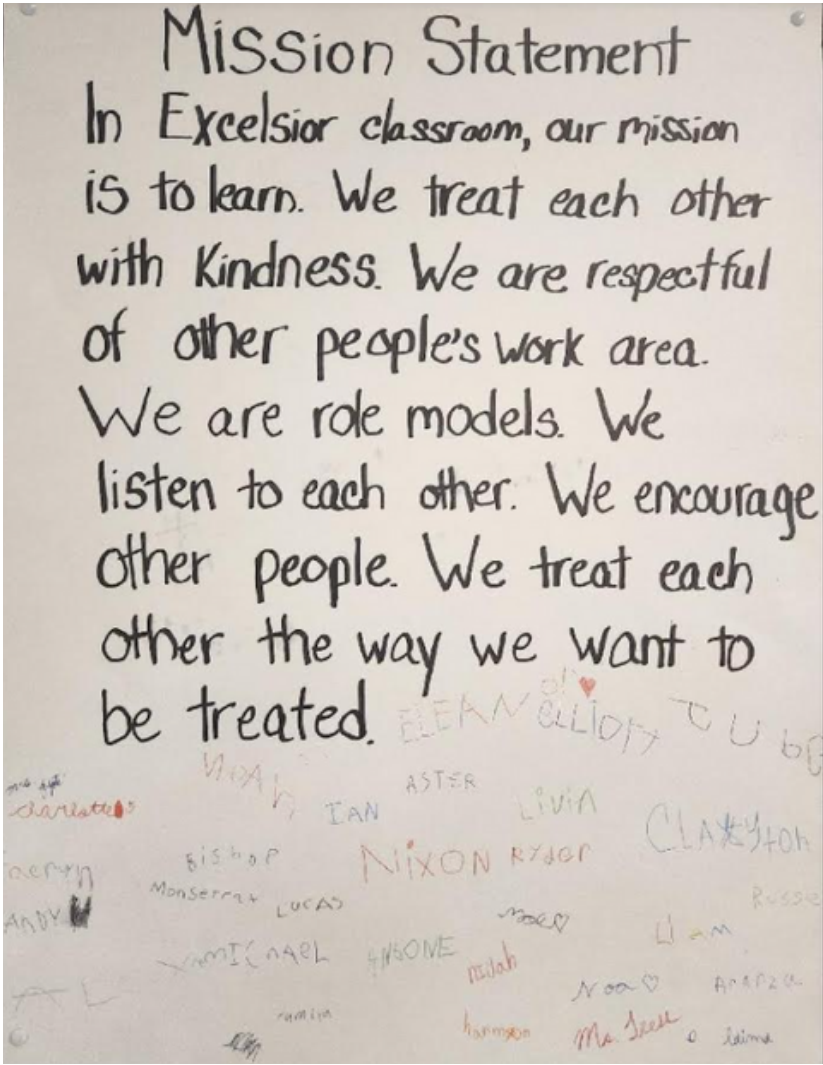
HOW TO STAY CONNECTED/GET INVOLVED

- Website** (events, meeting notes, resources)
- Facebook Page** (events, discussions)
- Group Me** (planning, summer/break meetups)
- Newsletter** (anything new and meeting Zoom links)
- Meetings** 3rd Thursday of every month on Zoom here

Follow the QR code for links

EXCELSIOR CLASSROOM

The Excelsior classroom has been working to get to know each other, teachers, and the classroom and school routines. This week we are focusing on using indoor voices, keeping hands and feet to ourselves, and being respectful to classroom materials and to each other. The first year children received a Science lesson on "Growing Crystals," the second year children got a Science lesson on "Sound Experiments," and the third year children had a Science lesson on "Eye Tricks." A helpful tip for Montessori families is to read with your child for 30 minutes each day. We would like to ask that you send your child with a spoon for breakfast and lunch.



RUBY CLASSROOM

Classroom Info: Review of Elementary Expectations

- The Montessori Method: Education for Life
- Characteristics of a Montessori Classroom
 - Mixed aged children
 - Freedom of choice and movement
 - Long uninterrupted periods of work (3 Hour AM Work Period and 2 Hour Pm Work Period)
 - Mutual respect and positive discipline
 - A prepared environment including Montessori materials
 - Two adults in each classroom (Teacher/Guide and assistant)
 - Teacher/Guide giving individual or small group lessons
 - Children working individually or in small groups with follow up work
 - Homework typically consists of reading and practical math practice
- For children to be successful in a Montessori program, home life should mirror school life.
 - "Help me to help myself" (takes A LOT of time)
 - Child encouraged to accomplish independent tasks (making lunch)
 - Regular reading & practical math practice takes place
 - Child has ownership of household duties (folding laundry)
 - Child guided toward organization
 - Limited screen time
- Classroom routines and expectations
 - Watch our brains grow
 - Be Kind
 - Use calm, mindful body
 - Take breaks and use words when upset
- Gratitudes
 - Thank you to all the families that attended the Parent Night.
- Volunteers Needed
 - Library helper (pick up books and drop off books)
 - In school library
 - Teach lessons (starts in Sept. P.E., Art, Special Skill)
 - Help with Scholastic Book Orders
 - Going out supervision (Field Trips starts in Sept. trying for one each month.)
 - Help with the Fall Festival scheduled for Saturday, October 22nd will need volunteers. Sign-up link will be coming soon.
- Wishlist: only the parent link

SIERRA CLASSROOM

Thank you to all of the families who joined us for Back to School Night! We had quite the crowd! If you have any questions or concerns at any time, please reach out to me via email at Jen@hdmsreno.com.

This week we took the beginning of the year MAP assessments in Reading and Math. I think we are all looking forward to a more normal work schedule!

I am doing science demonstrations that go along with our 'First Great Lesson - The Coming of the Universe'. These demonstrations show key science ideas that are discussed in the story and allow the students to begin science demonstrations and experiments in class.



JUNIPER CLASSROOM



TOIYABE CLASSROOM

We are really enjoying getting to know one another and our new space. Thanks to all of you who were able to attend back-to-school night. If you were not able to attend and would like to volunteer for our class or for our school in some way, please let me know. Thanks to Cathy O'Donnell as well as our students, Olivia and Bella, for helping to set up our classroom library this summer. Thanks also to all of you who have donated items to our class. If you want ideas on how to support your child's education at home, see [Montessori Home Work - Toiyabe 2022-23](#)

We need rocks for an art project! Specifically, if you need to rid your yard of rocks, we need flat rocks (or at least a flat side) about the size of an adult hand. Thank you!



Urijah and Paulina engineering a spaghetti tower.



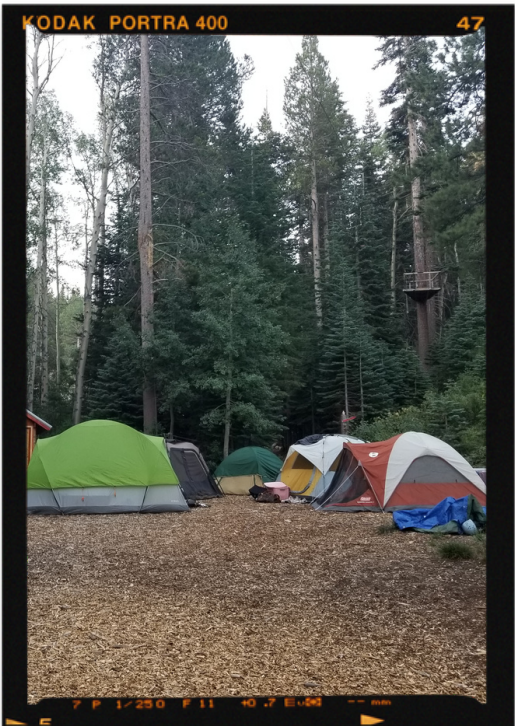
Mila, Diego, and Jameerah working on the Decanomial, Tower of Jewels.



Kanin, Diego, and Hadley with their very stable spaghetti tower.

ADOLESCENT OVERNIGHT TRIP TO PROJECT DISCOVERY!

Last week our Adolescent program got to spend the night up in the mountains at the Project Discovery team building and ropes course!



STEP INTO MUSIC CLASSES FOR PRIMARY AGE STUDENTS

Step into Music Classes for Primary students with Steven. The first class will be September 6 at 3:45 and will be every Tuesday at that time. This is the website for parents to check out <http://stepintomusicreno.com/>

Depending on how many kids sign up we may do 2 classes.

\$50 a month or \$12.50 a class. [registration form](#)



ELEMENTARY (1ST-6TH GRADE) AFTER SCHOOL CHOIR

Wednesday afternoons for any interested Elementary aged student. Please use this [link](#) to sign up.




September 7th **Every Wednesday**

\$10 each lesson **3:30-4:30 PM**

Lower and Upper Elementary

Music Director
Ms. Keishla Cortés Martínez

For more information:

 keishla@hdmsreno.com



Space is limited to 35 students.

YOGA CLASS FOR LOWER EL / 4'S & KINDERS

"Trilingual" Yoga Classes

Lower El ~ Tuesdays ~ 3:50-4:30 pm

4's & Kinders ~ Thursdays ~ 3:50-4:30 pm



SCAN ME

\$12 per session

(please contact me if you'd like to request financial assistance)

Yoga Mats Provided

HDMS Library

Beginning the week of Sept. 5th

Alegria.A.Day@gmail.com

775.312.3645

Children will strengthen their bodies, increase flexibility & balance, & explore themes like mindfulness, & friendship through music, stories, & games learning new words in 3 languages: English, Spanish, & Sanskrit. This creative children's yoga class will be taught by Kelly Bodtke, HDMS Montessori guide, yoga teacher, & former elementary school general music teacher.

Sign Up [HERE](#)

Email Alegris.A.Day@gmail.com

UPPER EL ARCHERY

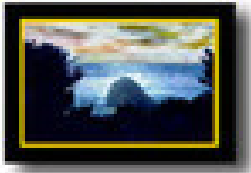
8 Weeks starting September 12th. No classes during Fall Break or Conference Week, ends the week before Thanksgiving Break. Winter Archery (Tournament Team) will take place January-February and will be by invitation.

School equipment is provided at no cost for all students. Students may not bring private equipment unless it is a standard Genesis Bow that meets the correct eye dominance of the student. Please talk to the coaches before purchasing your child a bow.

Please use this [link](#) to request a spot for your child in Fall Upper El Archery Club. Due to high demand and long wait lists, we will be offering three sessions of Upper El archery this fall. Monday 3:30-4:40 OR Monday 4:25-5:25 OR Tuesday 3:20-4:20. We cannot guarantee your choice of time, please check all times your family could make work. (NOTE: after early registration for returning students, Monday from 3:20-4:20 is now full)

Questions? Email Miss Laurel at laurel@hdmsreno.com



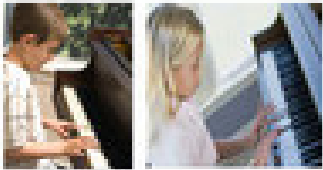


PACIFIC MIST MUSIC

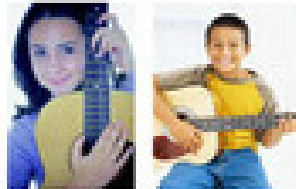
GENERATING REVENUE, JOBS & MUSIC EDUCATION FOR PRIVATE & CHARTER SCHOOLS

In Partnership with High Desert Montessori School
Beginning to Advanced in-School Music Lessons

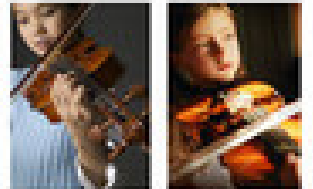
Piano Lessons



Guitar/Ukulele Lessons



Violin Lessons



Dear Parents

Pacific Mist Music offers an outstanding music program for the students of High Desert Montessori School. Enrolled in the program, your child will receive 30 minute private instruction weekly offering piano, guitar or violin. Weekly lessons will be taught at High Desert Montessori School.

The music teachers of Pacific Mist are seasoned professional musicians with many years of teaching & performance experience. Our teachers are excellent for students of all ages, keeping your child interested and excited about music.

Cost per lesson is \$30. Pacific Mist bills monthly by e-mail with Auto Pay. If instruments are needed, Pacific Mist can help with violins rentals, guitar, keyboard or piano purchases. Contact Steve Pfister for details. 775-324-1445

[Register on the web at PacificMistMusic.com](http://PacificMistMusic.com)



Available lesson times are scheduled on a first come basis and they fill quickly..

UPPER EL ROBOTICS STARTING SOON!

Upper El Robotics is coming back to HDMS and sign ups will be happening soon!





SIGN UP TODAY FOR THE COOLEST CHESS CLASS ON THE PLANET*

REGISTER NOW!

WWW.CHESSWIZARDS.COM

*WE CAN ONLY VOUCH FOR PLANET EARTH



Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

Class information

School Name: **High Desert Montessori**

Dates: **9/15, 9/22, 9/29, 10/13, 10/27, 11/3, 11/10, 11/17, 12/12/8, 12/15**

NO CLASS ON: **10/6, 10/20, 11/24**

Class Day and Time: **Thursday 3:20-4:20pm**

Ready to make new friends and amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total # of Classes: **11**

Location: **Classroom**

Price: **\$176**

Register Today At www.chesswizards.com!

Paper checks are not accepted, Online registration only.

REGISTER NOW!



Can't find a day and class time that fits your family's schedule? Check out Chess Wizards Online!

Same exciting curriculum, now available online! Visit our website: chesswizards.jumbula.com

- Private lessons and groups
- Tactics, strategies, and puzzles
- Safe and secure

Register at: www.chesswizards.com

Call Us at: **+1 866-949-4386**