



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

This week has presented some challenges, mainly in the primary program. With a new traffic plan for afternoon dismissal, to staff becoming ill and juggling coverage in classes, to our first early release Wednesday and our professional development Friday, it has been a real adventure. We appreciate your patience with all of this. With the help of our families as well as our staff, the week has gone by very smoothly so far.

This week's grace and courtesy lesson is "Using Appropriate Greetings." I love the chance to greet children all throughout the day, and usually I use a fist bump or a high-5. It is important to me to always greet children with a smile and try to change the notion that the principal has to be the "bad guy." I always tell children, my door is always open. Often that is more figurative than literal because, hopefully, I am not in my office all that often. I am always reachable within just a few hours, and I am most easily reached by email. I want to hear from you as well. Let me know how I can help you. Thank you for supporting HDMS.



Sincerely,
Mr. Eric
Eric@hdmsreno.com

A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

Thank you to all families who submitted their free and reduced meal application. Currently we have collected just over 50% of the applications from families. If you have not submitted, the application can be picked up at the front desk or available [HERE](#). All students are eligible to receive a free breakfast and lunch this entire school year with a regular or veggie option regardless of application status. Menus are posted in this newsletter. We continue to be grateful to Farm Fresh Catering in partnering with us on this important program.

Thank you for your continued support and enjoy the 4 day weekend!

STEP 1 List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required or all surnames, attach another sheet of paper)

Definition of Household Member: "Anyone who is living with you and shares income and expenses, even if not related."	Child's First Name	MI	Child's Last Name	Grade	Student?	Priority	Special
Children in Foster care and children who meet the definition of Homeless, Migrant or Runaway are eligible for free meals. Please Write to Apply for Free and Reduced Price Subsidized Meals for more information.					Yes No	Free	Other
					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

STEP 2 Do any Household Members (including you) currently participate in one or more of the following assistance programs: SNAP, TANF, or FICP/FC?

IF NO -> Go to STEP 3. IF YES -> Write a case number here then go to STEP 4 (Do not complete STEP 3) Case Number: _____

STEP 3 Report Income for ALL Household Members (Skip this step if you answered "Yes" to STEP 2)

A. Child Income Sometimes children in the household earn or receive income. Please include the TOTAL income received by all Household Members listed in STEP 1 here.

B. All Adult Household Members (including yourself) List all Household Members not listed in STEP 1 (including yourself) even if they do not receive income. For each Household Member listed, if they do receive income, report total gross income (before taxes) for each source in whole dollars (no cents) only. If they do not receive income from any source, write "0". If you enter "0" or leave any fields blank, you are certifying (promising) that there is no income to report.

Name of Adult Household Member (First and Last)	Earning from work	Child income		Public Assistance (Other Dependents)	Other Income		Total Household Income
		How often?	How often?		How often?	How often?	
	\$	None	Other	None	Other	\$	None
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>

Total Household Members (Children and Adults) Last Four Digits of Social Security Number (SSN) of Primary Wage Earner or Other Adult Household Member: Check if no SSN

Warmly,
Miss Tammie
Tammie@hdmsreno.com





Each week, I would like to answer questions that arise about Montessori, our school philosophy and so on. If you have a question, you would like answered please email kaleigh@hdmsreno.com with "Question of the Week" in the subject line.

Question of the Week: *What does Freedom with Responsibility mean?*

This term is frequently used in a Montessori environment, but what does it really mean?

Children in a Montessori environment have opportunities to move freely around their classrooms, to choose their own work, or to choose work partners, with reasonable limits of appropriate behavior, and choices.

These limits are the ground rules of each classroom. Children may work independently or together, but they must not interfere with another child's work.

The intention of developing freedom with responsibility is to help children develop independence and self-confidence as well as respect for themselves and others.

FALL SCHOOL PHOTOS

PICTURE DAY IS TUESDAY, SEPT. 6 FOR MIDDLE SCHOOL AND PRIMARY AND WEDNESDAY, SEPT. 7 FOR ELEMENTARY!

No need to pre-register... every child will be photographed. Within 1-2 weeks of photo day, you'll receive an email with a private, online gallery where you can see and purchase photos. Each child will have at least 2-5 different photos for you to choose from. All orders placed within the two weeks will receive free delivery and discounted package pricing.

What to wear? Spring-like colors can look beautiful in the photos, but most importantly, choose an outfit that captures what you'd love to remember about your child in this moment. It might be something they choose themselves to showcase their individuality and personal style, or a color that brings out certain features that you love. Try to avoid neon colors or big, bold lettering on shirts as these can draw attention away from their faces.

Retakes for all programs will be on Tuesday, October 11, 2022.

Questions? Email Midori at hello@midorijoy.com



UPCOMING EVENTS

- 9/2/22: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
- 9/5/22: LABOR DAY - NO SCHOOL
- 9/6/22: FALL SCHOOL PHOTOS (ADOLESCENT & PRIMARY)
- 9/7/22: FALL SCHOOL PHOTOS (ELEMENTARY)
- 9/14/22: TWO HOUR EARLY RELEASE
- 9/15/22: PTO MEETING [ZOOM LINK](#)
- 9/28/22: TWO HOUR EARLY RELEASE
- 9/28/22: HDMS BOARD MEETING
- 9/30/22: SCHOOL-WIDE JOG-A-THON
- 10/3/22-10/7/22: FALL BREAK - NO SCHOOL
- 10/17/22-10/21/22: CONFERENCE WEEK - TWO HOUR EARLY RELEASE ALL WEEK
- 10/22/22: FANTASTIC FAIR
- 10/26/22: HDMS BOARD MEETING
- 10/28/22: NEVADA DAY - NO SCHOOL



FREE LUNCH & BREAKFAST PROGRAM

Our menu can always be found on our website [HERE](#).

The Nevada Department of Agriculture is requiring all families to fill out a free and reduced application. Forms can be found in English or Spanish on our [website](#) or available at the front desk.

Please make sure your child has their own utensils, cloth napkins & washable cup (unless your child's classroom teacher has let you know otherwise).

September	5	6	7	8	9
	Labor Day	Grilled Cheese Sandwich w/ Fruit and Milk Pulled Pork Tacos (Veg. Option is Bean Tacos) w/ Fruit & Milk	French Toast Casserole or Waffle w/ Fruit & Milk Cheese Pizza (Vegetarian) w/ Fruit & Milk	Bagel & Cream Cheese w/ Fruit & Milk Veggie Curry w/ Rice (Vegetarian) w/ Fruit & Milk	Quesadilla w/ Fruit & Milk Beef Burger (Veg. Option is Veggie Burger) w/ Fruit & Milk
	12	13	14	15	16
	Yogurt w/ Homemade Granola with Fruit & Milk Spaghetti w/ Marinara Sauce and Beef (Veg. Option is Marinara Sauce), w/ Fruit and Milk	Grilled Cheese Sandwich w/ Fruit and Milk Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	French Toast Casserole or Waffle w/ Fruit & Milk Pepperoni Pizza (Veg. Option is Cheese) w/ Fruit & Milk	Bagel & Cream Cheese w/ Fruit & Milk Veggie Stir Fry w/ Rice & Fruit & Milk	Quesadilla w/ Fruit & Milk Chicken Sandwich (Veg. Option is Veggie Wrap) w/ Fruit & Milk
	19	20	21	22	23
	Yogurt w/ Homemade Granola with Fruit & Milk Rotini w/ broccoli and alfredo sauce, fruit and milk	Grilled Cheese Sandwich w/ Fruit and Milk Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk	French Toast Casserole or Waffle w/ Fruit & Milk Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk	Bagel & Cream Cheese w/ Fruit & Milk Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk	Quesadilla w/ Fruit & Milk Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk

HDMS MONTESSORI MEMORIAL

*Honoring the lives of
student Zephyr Buchheister,
alumni Quincy Purdy,
parent Frank Martinez &
employee/grandparent Bobbie Brookshire*

*Please
Join Us*

When: Wednesday, September 7, 2022 at 5:00 PM

Location: HDMS - 101 Fantastic Drive, Reno

**Dedication Ceremony
followed by
light refreshments**



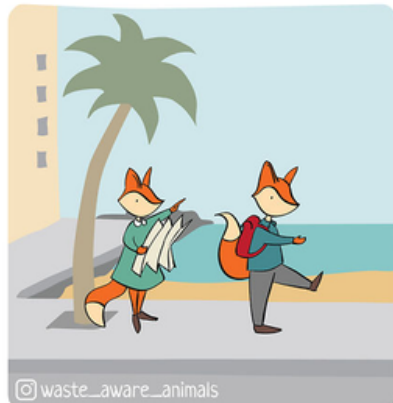
A MESSAGE FROM OUR HDMS GREEN PARENTS GROUP

Happy long weekend from the Green Parents!

Now with this hot weather upon us we are reminded that we live in a drought-sensitive region, and for that reason water is doubly sacred. Let's also remind our children to save water by simply not leaving the tap running unnecessarily.

With the global population multiplying, water is becoming an increasingly limited resource across the world. Freshwater ecosystems are especially vulnerable to water shortages and pollution. To create resilience in the face of climate change, all of us must focus on conserving water and wildlife and find solutions that do both. Let's be part of the solution, not the problem, by showing our children how to take care of our natural resources so we all can have hope that they and their children and grandchildren will be able to enjoy the outdoors the way many of us will do this weekend!

 Waste Aware Animals



Treasure Hunt



A MESSAGE FROM OUR PTO



Get your calendar today! Calendars are \$35 and come with school schedule (never forget to pick up the kids on early dismissal again) and amazing artwork by our very own students. They will be shipped directly to you!

Our next PTO meeting is September 15th at 5:30PM on Zoom.

We are looking for parent volunteers to help with the Fall festival this year! We have a range of needs from supply donation, to ticket sales, to managing booths, and so much more. If you're interested in helping please email us at pto@hdmspto.com and we will add you to the email list once we get started planning. You can also come to our next PTO meeting for more information.

Stay in touch and up-to-date on our [Website](#), the [HDMS Facebook Group](#), and [GroupMe](#) to stay connected and ask questions about the school or PTO.

Supply donation, game ideas, ticket sales, booth management, and more! Email pto@hdmspto.com to join the email list

NOTES FROM THE PRIMARY TEAM

PINE NUT CLASSROOM



Tristan works on the Hundred Board



Eli working with cylinder blocks.



Emmit working with transportation cards



Keyla painting at the easel



Nicolas is practicing sewing

NOTES FROM THE ELEMENTARY TEAM

VIRGINIA CLASSROOM

What a busy and wonderful week. With Maria Montessori's birthday on the 31st of August. We went into the sunshine and sang "Light a Candle for Peace". (see photo) We have had our great lesson about the creation of the universe and then we had maps testing and our reading groups have begun.

Often parents want to send emails to birthday parties or plan play dates and they need the other parent's information. If you would like to add your contact information to our class directory here is the [link](#).



EXCELSIOR CLASSROOM

This week the children in the Excelsior classroom worked on their volcano project, which was a follow-up for the First Great Lesson.

A helpful tip for parents is to ask their children: "What was their favorite thing that they did at school today?"

Please send your children with spoons for breakfast and lunch. Thank you!



ANTELOPE CLASSROOM

Antelope is having a great time caring for our pets and we have started our spelling program. Thank you to everyone who made it to Back to School night and for your donations. If you could not make it and/or have any questions please let me know!



RUBY CLASSROOM



Classroom Info

Video: Inside Montessori Schools

- Communication
 - The video talks about no testing in Montessori; but in order to provide free Montessori, HDMS has to do some state assessments. Your children participated in the first round this week. We will expose students to misunderstood topics throughout the year.
 - Transparent Classroom is a program that updates you on lessons and practice. It takes the place of worksheets sent home. The parent portal looks different than the teacher portal, so if you need help accessing the information, please set up a meeting with me. Use these posts to start conversations to and from school. "I see you practiced Golden Beads today, what do you like about this material?"
 - Email is the media tool you can use for absent notes, concerns, and questions about the school and class news.
- Volunteers
 - Thank you to Sarah for purchasing cups for the classroom
 - Thank you to the Gonzalez family for picturing trash grabbers and project books
 - Thank you to Teresa for volunteering to help with Scholastic. We will get our first order out in the next couple of weeks
 - Thank you to Geeta for volunteering on Mondays
 - Thank you to Zack for reaching out about flour
 - Thank you to Statton family for replacing tape

JUNIPER CLASSROOM



NOTES FROM THE ADOLESCENT PROGRAM

ADOLESCENT TIMELINES

Students made and presented their timelines in Social Studies



ADOLESCENT ELA INTERVIEWS

Students conducted interviews in ELA class



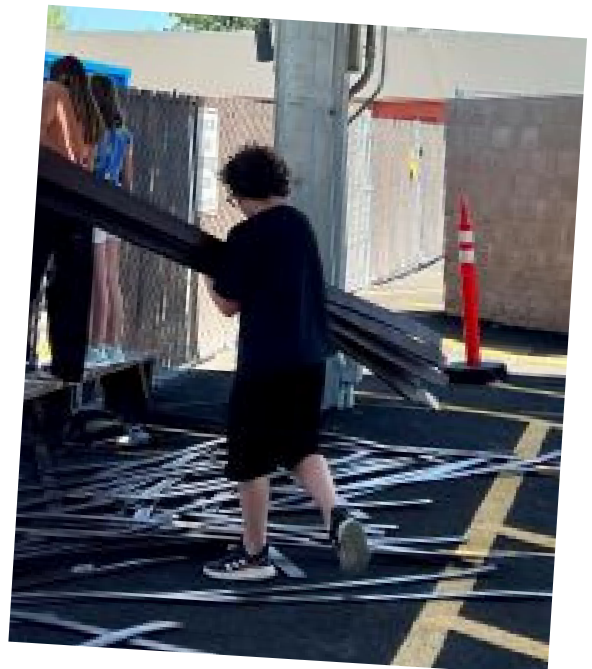
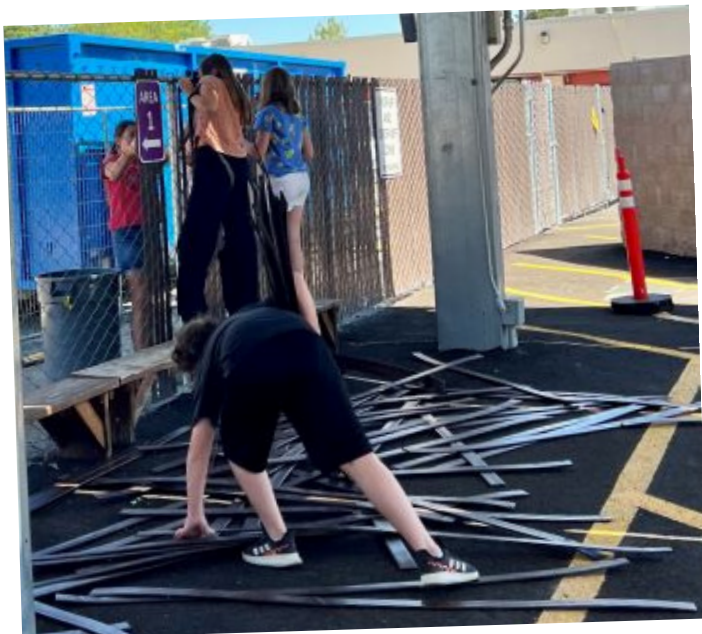
EXPLORING WASHOE COUNTY CREATIVE EXPRESSION CLASS

Students visit the Alf Sorenson Pool & Rancho San Rafael Park in the Exploring Washoe County Creative Expression Class.



COMMUNITY PROJECTS CLASS

Adolescent Students in the School Community Projects Class work to remove the privacy slats in the interior fence.



ROBOTICS FOR STUDENTS AGE 9-12

FIRST® LEGO® League guides youth through STEM learning and exploration at an early age. Students will understand the basics of STEM and apply their skills in an exciting competition while building habits of learning, confidence, and teamwork skills along the way.

We are looking for 8 children, between the ages 9-14, to build a team.

We will be meeting on Thursdays, 3:30pm – 5:00pm, starting September 15th, through Dec 17th.

Space is limited, to confirm interest, please review the information, and complete the interest form found here.

Explore these links for more information about FIRST® LEGO® League and this year's season.



ELEMENTARY (1ST-6TH GRADE) AFTER SCHOOL CHOIR

Children's Choir

September 7th

Every Wednesday

\$10 each lesson

3:30-4:30 PM

Lower and Upper Elementary

Music Director
Ms. Keishla Cortés Martínez

Wednesday afternoons for any interested Elementary aged student. Please use this [link](#) to sign up.



For more information:

keishla@hdmsreno.com



Space is limited to 35 students.

STEP INTO MUSIC CLASSES FOR PRIMARY AGE STUDENTS

Your child has a wonderful opportunity to learn music at HDMS!! Step into Music offers group music classes that are designed to help your child grow in their developmental skills while inspiring a passion for music that will last the rest of their lives. Group music classes will be taught once a week for a half hour for only \$50 a month! Music classes will be held every Tuesday at 3:45pm during the Primary Aftercare program. These classes are not mandatory. Your student will continue on with their normal schedule if you choose not to participate. I hope you will choose to make music with us!!

♪ Music awakens and stimulates neural pathways in the brain that are associated with higher forms of Intelligence, such as abstract thinking, empathy, mathematics and science.

♪ Music's melodic and rhythmic patterns provide exercise for the brain and help develop memory. Remember singing the ABC song to learn your ABC's?

♪ Studying Music helps children establish good listening habits which are essential for achievement in school.

♪ Overall, music activities are perfect for child development. Music immerses the child in language, evokes movement, stimulates the brain, and fosters physical coordination (all in a group setting that builds community). Truly a holistic experience!

To sign up, please fill out the registration form and email it to steven.stepintomusic@gmail.com [registration form](#)



YOGA CLASS FOR LOWER EL / 4'S & KINDERS

"Trilingual" Yoga Classes

Lower El ~ Tuesdays ~ 3:50-4:30 pm

4's & Kinders ~ Thursdays ~ 3:50-4:30 pm



SCAN ME

\$12 per session

(please contact me if you'd like to request financial assistance)

Yoga Mats Provided

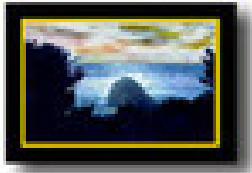
HDMS Library

Beginning the week of Sept. 5th

Alegria.A.Day@gmail.com

775.312.3645

Children will strengthen their bodies, increase flexibility & balance, & explore themes like mindfulness, & friendship through music, stories, & games learning new words in 3 languages: English, Spanish, & Sanskrit. This creative children's yoga class will be taught by Kelly Bodtke, HDMS Montessori guide, yoga teacher, & former elementary school general music teacher. Sign Up [HERE](#) Email Alegria.A.Day@gmail.com

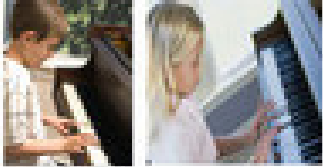


PACIFIC MIST MUSIC

GENERATING REVENUE, JOBS & MUSIC EDUCATION FOR PRIVATE & CHARTER SCHOOLS

In Partnership with High Desert Montessori School
Beginning to Advanced in-School Music Lessons

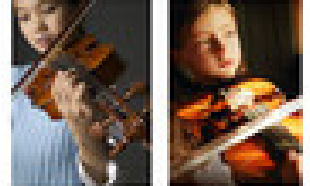
Piano Lessons



Guitar/Ukulele Lessons



Violin Lessons



Dear Parents

Pacific Mist Music offers an outstanding music program for the students of High Desert Montessori School. Enrolled in the program, your child will receive 30 minute private instruction weekly offering piano, guitar or violin. Weekly lessons will be taught at High Desert Montessori School.

The music teachers of Pacific Mist are seasoned professional musicians with many years of teaching & performance experience. Our teachers are excellent for students of all ages, keeping your child interested and excited about music.

Cost per lesson is \$30. Pacific Mist bills monthly by e-mail with Auto Pay. If instruments are needed, Pacific Mist can help with violins rentals, guitar, keyboard or piano purchases. Contact Steve Pfister for details. 775-324-1445

Register on the web at PacificMistMusic.com



Available lesson times are scheduled on a first come basis and they fill quickly..



SIGN UP TODAY FOR THE COOLEST CHESS CLASS ON THE PLANET*

REGISTER NOW!
WWW.CHESSWIZARDS.COM



*WE CAN ONLY VOUCH FOR PLANET EARTH

Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

Class information

School Name: **High Desert Montessori**

Dates: **9/15, 9/22, 9/29, 10/13, 10/27, 11/3, 11/10, 11/17, 12/1**

12/8, 12/15

NO CLASS ON: **10/6, 10/20, 11/24**

Class Day and Time: **Thursday 3:20-4:20pm**

Ready to make new friends and amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total # of Classes: **11**

Location: **Classroom**

Price: **\$176**

Register Today At www.chesswizards.com!

Paper checks are not accepted, Online registration only.

REGISTER NOW!



Can't find a day and class time that fits your family's schedule? Check out Chess Wizards Online!

Same exciting curriculum, now available online! Visit our website: chesswizards.jumbula.com

- Private lessons and groups
- Tactics, strategies, and puzzles
- Safe and secure

Register at: **www.chesswizards.com**

Call Us at: **+1 866-949-4386**



**CHALLENGE ISLAND
RENO-SPARKS:**

FALL BREAK

Shark

**Ages
6 to 12**

\$255

Camp

OCTOBER 3 TO 7, 2022

9:00 AM TO 4:00 PM

AT HIGH DESERT MONTESSORI

101 FANTASTIC DRIVE.

RENO NV 89512

For more information:

Call 775-846-6733

Email: dtorvinen@challenge-island.com

Website: www.challenge-island.com/reno-sparks-nv

Latino
ARTE
AND CULTURE
Since 2011 • Reno NV
presents

Feria del Libro en Español



Spanish Book Fair

Gratis Libros Bilingües para Niñ@s
Lectura Bilingüe de Cuentos
Venta de Libros en Español

FREE Bilingual Books for Children
Bilingual Storytelling
Sale of Books in Spanish

Encuentro de poesía: lectura
de poesía de autores locales
Lectura bilingüe de Cuentos
Lectura de poemas celebres

Encuentro de Poesía
Español-Inglés



English-Spanish
Poetry Encounter

Poetry Encounter: Poetry
reading from local authors
Bilingual Storytelling
Readings of famous poems

www.LatinoArte.org - 775-378-7025

Sep. 3th, 2022 • 12p to 4p

McKinley Arts and Culture Center
925 Riverside Dr, Reno, NV 89503

Program is funded in part by



NATIONAL
ENDOWMENT
FOR THE
HUMANITIES

Supported by grant funding from



KUNR

