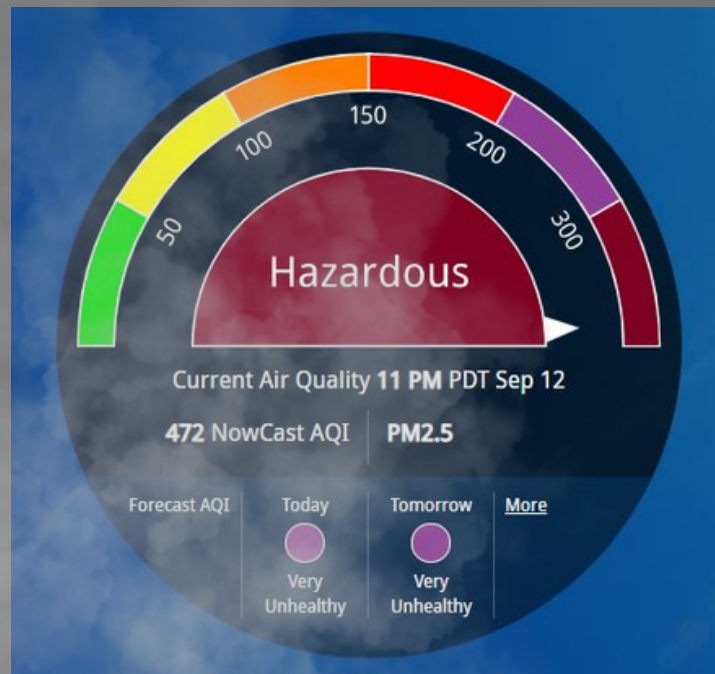




HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL, MR. ERIC

Smoke from wildfires, it seems it's the new normal this time of year, and it presents unique challenges to schools. Our safety team met before the smoke arrived and revisited our school closure procedures. Last year, Washoe County School District did not have clear guidelines in place, and we chose to stay open rather than try to outguess the smoke pollution. Things have changed since then, and the guidelines from the county are now very clear; when the AQI is projected to remain above 300 for the day, as measured on the Airnow.gov website, schools will be closed and all programs will be shut down. We agree that this is a safe and reasonable policy. We appreciate your understanding of the decision to close school to protect the health and safety of our students and staff.



The grace and courtesy focus for this coming week will be using appropriate assembly behavior. Classes will be discussing how to handle ourselves in large groups when attending performances, events, or showings. Please help us by discussing how we behave to show our respect to performers or presenters.

Thank you for your continued support of High Desert Montessori.

Sincerely,
Mr. Eric
Eric@hdmsreno.com

UPCOMING EVENTS

- 9/15/22: PTO MEETING ZOOM [LINK](#)
- 9/21/22: 5PM HDMS MONTESSORI REFRESHER
- 9/28/22: TWO HOUR EARLY RELEASE
- 9/28/22: HDMS BOARD MEETING
- 9/30/22: SCHOOL-WIDE JOG-A-THON
- 10/3/22-10/7/22: FALL BREAK - NO SCHOOL
- 10/17/22-10/21/22: CONFERENCE WEEK -
TWO HOUR EARLY RELEASE ALL WEEK
- 10/22/22: FANTASTIC FAIR
- 10/26/22: HDMS BOARD MEETING
- 10/28/22: NEVADA DAY - NO SCHOOL



A MESSAGE FROM OUR EXECUTIVE DIRECTOR, MISS TAMMIE

As many of you are aware, HDMS sold our Orovada building to Note-Able Music Therapy Services this last spring. Note-Able Music Therapy Services addresses physical, social, and mental health needs in our community by offering a range of adaptive music, music therapy, and neurologic music therapy services. Check out their website [HERE](#). They moved into the building officially on July 1st and have been busy transforming the property to meet the needs of their program. Note-Able has been a staple in the Reno community for 20 years and was previously housed out of the McKinley building.

Neighborhood Open House

at **NOTE-ABLE MUSIC THERAPY SERVICES**

Thursday | Sept 22 | 3pm - 7pm

- Community resource fair
- Music activities for ALL ages
- Free raffles
- Free shaved ice for the first 200 guests



They will be hosting a free Neighborhood Open House on Thursday, September 22nd with lots of fun music activities plus a resource fair. Free tacos for the first 150 people and free snow cones until the ice runs out! Check it out if you are interested.

Warmly,
Miss Tammie
Tammie@hdmsreno.com

QUESTION OF THE WEEK WITH MISS KALEIGH, OUR MONTESSORI ADVISOR

Question of the Week: *What is "Community Gathering"?*

You may have heard your children talk about Community Gathering, and wondered what it was about. Community Gathering is an opportunity for the members of our school community to gather together to share talents with each other.

The first Community Gathering is an opportunity for teachers, and faculty to share talents with the students- skits, jokes, music, etc. The remaining Community Gatherings throughout the year are opportunities for students from each classroom to share talents.

Two weeks prior to Community Gathering, each classroom hosts a classroom gathering for students to perform for their classmates. The classmates choose which of the talents will represent the class at Community Gathering.

Our next Community Gathering is on Friday, November 18 @ 2:00





High Desert Montessori School

Montessori

Refresher

TOPICS INCLUDE:

- Montessori 101
- Freedom with Responsibility
- Supporting Diverse Learners



**WHEN: WEDNESDAY,
SEPTEMBER 21, 2022
5:00PM-6:00PM**

**WHERE: HDMS TAHOE TOWER
3RD STORY
MULTI-PURPOSE ROOM**

All HDMS Families are Invited!

Child Care Available for Currently Enrolled
HDMS K-6th Grade Students

FREE LUNCH & BREAKFAST PROGRAM

Our menu can always be found on our website [HERE](#).

The Nevada Department of Agriculture is requiring all families to fill out a free and reduced application. Forms can be found in English or Spanish on our [website](#) or available at the front desk.

Please make sure your child has their own utensils, cloth napkins & washable cup (unless your child's classroom teacher has let you know otherwise).

<p>19 Yogurt w/ Homemade Granola with Fruit & Milk</p> <p>Rotini w/ broccoli and alfredo sauce, fruit and milk</p>	<p>20 Grilled Cheese Sandwich w/ Fruit and Milk</p> <p>Chicken Quesadilla (Veg. Option is Plain Quesadilla) w/ Fruit & Milk</p>	<p>21 French Toast Casserole or Waffle w/ Fruit & Milk</p> <p>Mushroom & Black Olive Pizza (Vegetarian) w/ Fruit & Milk</p>	<p>22 Bagel & Cream Cheese w/ Fruit & Milk</p> <p>Beef Chili (Veg. Option is Vegetarian Chili) w/ Fruit & Milk</p>	<p>23 Quesadilla w/ Fruit & Milk</p> <p>Ham Sub (Veg. Option is Cheese Sub) w/ Fruit & Milk</p>
<p>26 Yogurt w/ Homemade Granola with Fruit & Milk</p> <p>Chicken Alfredo Pasta (Veg. Option is Veggie Alfredo) w/ Fruit & Milk</p>	<p>27 Grilled Cheese Sandwich w/ Fruit and Milk</p> <p>Pulled Pork Tacos (Veg. Option is Bean Tacos) w/ Fruit & Milk</p>	<p>28 French Toast Casserole or Waffle w/ Fruit & Milk</p> <p>Cheese Pizza (Vegetarian) w/ Fruit & Milk</p>	<p>29 Bagel & Cream Cheese w/ Fruit & Milk</p> <p>Veggie Curry w/ Rice (Vegetarian) w/ Fruit & Milk</p>	<p>30 Quesadilla w/ Fruit & Milk</p> <p>Beef Burger (Veg. Option is Veggie Burger) w/ Fruit & Milk</p>

A MESSAGE FROM OUR PTO

PTO Meeting this Thursday September 15th at 5:30 PM. Board meeting preceding at 5:00 PM all are welcome to both. Use this [Zoom link](#) to attend.

If you're interested in helping us with Fantastic Fest (formerly Fall Festival) please attend the Zoom Thursday at 5:30 PM if possible or email us at pto@hdmspto.com.

There's still time to [get your school calendar](#) today! Calendars have full school schedule, amazing artwork by our own students, and they'll be shipped straight to you for \$35.

Get cool HDMS swag at our [PTO store](#)! We have water bottles, sweatshirts, backpacks, t-shirts and more! All printed with the HDMS logo and shipped straight to you. See picture for a sample of what we have.

September Agenda:

- **Fantastic Fest (formerly Fall Festival) planning**
- **Principal/Director updates**
- **PTO Support for graduating adolescents**
- **Fundraisers**
- **Bocce Night (February)**
- **Spring Picnic (May)**

Don't forget!

- Meeting September 15 5:30-6:30 PM
- We need volunteers for fantastic fest
- Bring any HDMS related questions to the meeting!
- Buy a calendar for important dates

Zoom Link

A MESSAGE FROM OUR HDMS GREEN PARENTS GROUP



Remember your reusables!

We are so proud of all your efforts in trying to make meals at school more sustainable by providing all the necessities to the kids and the classrooms. Keep up the good work, and maybe try to get on the same track yourself by stocking up your car, bag, and office space with reusable foodware. Imagine the amount of plastic spoons we can all save together if we all bring spoons -even the ones we got last time and did not throw out but rinsed them-when we go get ice cream!



Last spring, HDMS hosted UNR scientists who reported on their efforts to identify sources for microplastics in Lake Tahoe, our main tap water supply. Most of the plastics they found were from single-use plastic cutlery, water bottles, cups, straws, and bags. Using them and then putting them into a trash can does not work so close to nature, as the wildlife will do its part in dispersing items that smell yummy. So always be prepared and bring reusables wherever you go, for the sake of the Lake, the wildlife, our tap water, our future!

greenparents@hdmsreno.com

DONATIONS WANTED



Adolescent students Kaylee B. and Lily Y. are seeking donations of feminine products for their Public Service Project, They will be creating a cart for female students that will be kept in the third floor girls bathroom of the Tahoe Tower. In this cart we will be supplying feminine products such as pads, tampons, liners.

"We are making this cart because we have noticed the lack of accessible feminine products in the adolescent program. We will be taking donations of 100% sealed name brand products such as Always and Tampax. Sizes we are looking for from pads are Teen-Size 4, Light, Heavy, etc. As well as night time for females in need. All sizes of Tampons: regular, heavy, light etc. Will also be accepted."

Please turn in donations to either front desk.

NOTES FROM THE PRIMARY TEAM

During morning care, students get to observe the bearded dragon is brought out before it gets too busy on the playground. The children have learned that Smokey is afraid of airplanes because she thinks they are giant birds of prey.



Step Into Music for Primary aged children started this week and the children LOVED it! There are still a couple of spots available. To sign up, please fill out the registration form and email it to steven.stepintomusic@gmail.com [registration form](#)



TOQUIMA CLASSROOM

What a fantastic group of students we have this year in the Toquima class! Here are some photos of them building their concentration and independence through meaningful work.

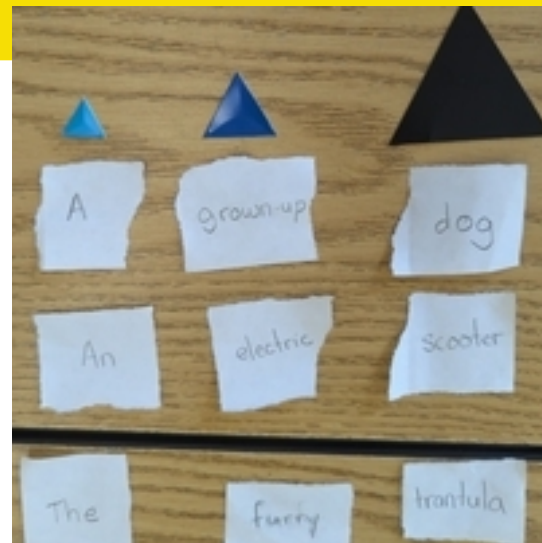


If your child will be tardy or absent, please send an email to all three of us teachers/assistants with the information and lunch preference for the day. This will help us turn in our lunch count on time with accuracy.

NOTES FROM THE ELEMENTARY TEAM

RUBY CLASSROOM

Last week, some of the Ruby students went into Antelope to learn about the Noun Family. [PLAY VIDEO](#) to see an example of the lesson. Students were asked to follow-up by creating noun family phrases and tape them around the room. Please check out Transparent Classroom for more photos of your child. Don't know how, schedule a meeting with me.



Field Trip

All the Lower Elementary classrooms are going to UNR to explore the Fleischmann Planetarium, Keck Geology Museum, and Natural History. Click [HERE](#) for details and permission slip (Ruby will be going on Thursday the 29th from 9-1) I am reaching out to chaperones, so at this time, we don't need additional help. You can send one check for all lower elementary children and respond with a paper copy or email to ruby@hdmsreno.com. Please let us know if you would like a free school sack lunch by September 23rd so we can let Farm Fresh know what we need.

Volunteers/Ways to Help the Class

The Fantastic Fair is right around the corner- Saturday, October 22. We are beginning the planning for an afternoon filled with food, games, costumes, and activities. If you have a business that you would like to advertise or a game that you would like to help with, please email me.

[SCHOLASTIC INFO](#) is here and all electronic. Your order helps us put more non-fiction books in our school library.

Gratitudes

- Thank you to the Gonzalez Family for the trash grabbers and crayons.
- Thank you to the Grosjean family for purchasing flour for the classroom.
- Thank you to Geeta and Mimi for volunteering in the classroom this week.

EXCELSIOR CLASSROOM

- Excelsior class is going on a field trip on Thursday September 29th and if you would like to volunteer to chaperone then please fill out the volunteer application with school two weeks in advance for daytime field trips.

- Helpful tips for Montessori families:

Communicate with children about school, such as: Tell me something you know today that you didn't know yesterday. What made you smile today?

- Wish List for the classroom:

Spray bottles, spoons, cloth napkins, table clothes, and crochet. We also need supplies for our solar system project: Styrofoam balls of varying sizes, paintbrushes, clay, shoeboxes, cardboard, and strong thread/wooden sticks. We appreciate you for fulfilling our wish list.

- Thank you Ms. Rachael for donating rags/towels and yarn.

ANTELOPE CLASSROOM

Our first Going Out is planned for September 27th. We will be visiting the Planetarium. The cost is \$10 per student. Please let me know if you have any questions!



LUNCH POUCHES FOR SALE!

Lunch Pouches Are Back!

HDMS is requiring students to bring their own utensils, so a couple of adolescents are here to help make your life easier!

Pouch includes:

- A tie dyed cloth napkin (dyed by students)
- A fork and spoon (child size option for primary)
- A personalized and easy to clean, waterproof pouch to hold the items

The lunch pouch costs \$7 (additional \$3 for mini utensils). An added donation would also be greatly appreciated!

Return this [FORM](#) to Robin@hdmsreno.com to order.

Thank you for supporting our business and school!



CHESS WIZARDS AT HDMS

Chess Wizards needs just TWO more students to sign up in order for the class to move forward! Register [HERE](#)

STEP INTO MUSIC CLASSES FOR PRIMARY AGE STUDENTS

Your child has a wonderful opportunity to learn music at HDMS!! Step into Music offers group music classes that are designed to help your child grow in their developmental skills while inspiring a passion for music that will last the rest of their lives. Group music classes will be taught once a week for a half hour for only \$50 a month! Music classes will be held every Tuesday at 3:45pm during the Primary Aftercare program. These classes are not mandatory. Your student will continue on with their normal schedule if you choose not to participate. I hope you will choose to make music with us!!

- ♪ Music awakens and stimulates neural pathways in the brain that are associated with higher forms of Intelligence, such as abstract thinking, empathy, mathematics and science.
- ♪ Music's melodic and rhythmic patterns provide exercise for the brain and help develop memory. Remember singing the ABC song to learn your ABC's?
- ♪ Studying Music helps children establish good listening habits which are essential for achievement in school.
- ♪ Overall, music activities are perfect for child development. Music immerses the child in language, evokes movement, stimulates the brain, and fosters physical coordination (all in a group setting that builds community). Truly a holistic experience!

To sign up, please fill out the registration form and email it to steven.ste [registration form](#)



ELEMENTARY (1ST-6TH GRADE) AFTER SCHOOL CHOIR

Children's Choir

September 7th **Every Wednesday**

\$10 each lesson **3:30-4:30 PM**

Lower and Upper Elementary

Music Director
Ms. Keishla Cortés Martínez

Wednesday afternoons for any interested Elementary aged student. Please use this [link](#) to sign up.

For more information:
 keishla@hdmsreno.com



Space is limited to 35 students.



**CHALLENGE ISLAND
RENO-SPARKS:**

FALL BREAK

Shark

**Ages
6 to 12**

\$255

Camp

OCTOBER 3 TO 7, 2022

9:00 AM TO 4:00 PM

AT HIGH DESERT MONTESSORI

101 FANTASTIC DRIVE.

RENO NV 89512

For more information:

Call 775-846-6733

Email: dtorvinen@challenge-island.com

Website: www.challenge-island.com/reno-sparks-nv

www.challenge-island.com/reno-sparks-nv